



### SHARSHERET'S HAVE THE TALK® CANCER GENETICS EDUCATION CAMPAIGN

Have The Talk with your parents today! Jews with at least one grandparent of Eastern European descent (Ashkenazi Jews) have more than a 10 times greater risk for carrying a breast cancer (BRCA) gene mutation that can lead to breast cancer, ovarian cancer and related cancers (skin, pancreas and prostate).

We developed Have The Talk tools to help you to learn your family history and be equipped to take action to share important health information with your loved ones. Join our efforts and raise awareness about this vital educational campaign on your college/university campus.

Tips to start the conversation:

- Acknowledge that the conversation is awkward! Your parents are probably uncomfortable, too.
- Ask Questions! Ask your mom and dad if anyone in your family has had breast, ovarian, or any other related cancers, if they had genetic counseling or know if they are carriers of the BRCA gene mutation. Use the pedigree chart in our brochures and [online](#) to guide your conversation and document the responses.

- Keep your family history up to date. Holidays and reunions are good times to Have The Talk with other members of the family to get as much information as possible.

- If, while having The Talk, you discover a family history of breast or ovarian cancer, please get in touch with us for a free consultation with Sharsheret's genetic counselor.



**\*\* Questions about your personal risk? Contact Sharsheret to speak with a licensed social worker or genetic counselor available via phone, email, social media or livechat. \*\***

Order your Have The Talk materials today! Email [ekleinhaus@sharsheret.org](mailto:ekleinhaus@sharsheret.org)