"I was sitting on the couch watching a movie with my husband and felt it. I immediately knew it was not good. It was two months before my second scheduled mammogram and there it was… a lump in my right breast. The next few weeks flew by. A biopsy, breast surgeon appointments, and meeting with a plastic surgeon. I was diagnosed with Triple Negative Breast Cancer. I would have a bilateral mastectomy followed by chemotherapy. My world was flipped upside down. How was I going to tell my 5-year-old son? Would I survive? I had lost my own mother to breast cancer when I was an infant. She was only 36. "It was monumental to have someone in my corner with the resources and knowledge to help. I thank Sharsheret for the continued support and keeping me whole through this challenging time in my life."

To learn more about Denise's story, click here.
Order a **FREE** Sharsheret survivorship kit that helps breast cancer survivors thrive. The customized kit comes with exercise bands that will help you jumpstart a good workout routine at home or outside, and also includes a healthy living cookbook.

This kit is made possible with support from *AstraZeneca*, *Daiichi Sankyo*, *Lilly Oncology*, *MacroGenics*, *Novartis Oncology*, *Pfizer Oncology*, and *SeaGen*.

Order Your Kit Today!

**SHARSHERT SUMMIT:**

**PINK, TEAL, AND YOU**

**OCTOBER 8TH-16TH 2021**

Next week, to kick off Breast Cancer Awareness Month, we dedicate a week to bring educational programs to women and men all across the country through the Sharsheret Summit.
Scroll down and find the program that's right for you. Learn more about our Summit programming [here](#).

Register For Shalom, Shabbat! 10/8

Register For Girlfriends’ Guide to Breast Cancer Screening 10/13

Register For The Impact of Culturally Competent Cancer Care CE CREDITS AVAILABLE 10/14

Join The Embrace Facebook Group & Learn More About Exclusive Summit Programming
Breast Cancer And Menopause 10/27

Join Sharsheret for a panel discussion featuring Dr. Kate Lampen-Sacher, Breast Radiologist from Miami Cancer Institute, and Peggy Cottrell, Sharsheret’s Genetic Counselor. The program will include information about screening recommendations, how to develop personalized screening plans with one’s doctor, genetics and hereditary cancer in the Jewish population, and resources available to those at elevated risk for or diagnosed with breast cancer.

For more information, please contact Briana Schwarz.

This program is made possible with support from the Miami Cancer Institute and the Greater Miami Jewish Federation.
Sharsheret Is Proud To Present Our First Video In The BRCA Hereditary Cancer And Men Video Series

The BRCA mutation does not discriminate between men and women. Both of Mike's kids inherited the BRCA mutation from their father.

"My conversations with men about the BRCA mutation always tends to gravitate back towards the woman. They're missing half of the story. They have a high risk for certain cancers that need to be addressed within themselves." - Mollie Bauer

Men with BRCA gene mutations are at increased risk for male breast, melanoma, pancreatic, and prostate cancers. Learn the facts watch Mike and Mollie's story here.

Stay tuned for the rest of the video series coming soon.

This video is made possible with support from Astrazeneca.

Thank you to our partners Breastcancer.org, Breast Cancer Portrait Project, FORCE, and the National Ovarian Cancer Coalition.

Watch Here

ACS Making Strides Against Breast Cancer Walks 10/17
Tri-state area friends, Sharsheret will have two separate teams joining thousands of women and men gathering in New York City and Jones Beach to participate in two different ACS Making Strides Against Breast Cancer walks. Hundreds of Sharsheret volunteers, friends, and family members will come together to form Team Sharsheret for this breast cancer fundraising and awareness event.

Email Sarah Eagle or Nancy Cohen for more information, to set up a fundraising page, or to sponsor Team Sharsheret.

Thank you to our sponsors Bernstein Liebhard, Holy Name Medical Center, and Madienbaum Property Tax Reduction Group, LLC.
Sharsheret's "Busy Box" is free for parents of young children, and includes parenting resources as well as toys and games. Tools and tips for parents suggest how to talk with your children - from preschool age to teenagers - about the cancer journey, genetics, and/or prophylactic surgery. Carefully selected games, toys, and activities are a great surprise and help keep kids engaged while mom is facing surgeries and treatment.

Order Here

The Latest Trends In Genes: Fashion Show And Silent Auction 10/7
ANNUAL DALLAS EVENT
THE LATEST TRENDS IN GENES

Join us for a virtual lifesaving conversation about genetic testing and screening during the pandemic followed by a FASHION SHOW MODELING GENES, GENE JACKETS, AND DRESSES and SILENT AUCTION

Thursday, October 7th
8pm - 9pm CT

Committee:
Morgan Aaron
Lizzy & Dr. Jules Greif
Sydney Horowitz
Adriana Meyerovitz
Elaine Trevor Pearlman
Lizzy & Dr. Ira Savetsky
Mimi & Ben Slater
Nicole Small
Kim & Dr. Jaryd Stein
Jody & Kyle Stein
Sarah Wiewel

Featured Models:
Kary Brittingham
Jarrod Beck
Mark Cuban
Cary Deuber
Brian Glaser
Sal La Mastra
Kathryn Miles
Elaine Pearlman
Ira Savetsky
Juliet Savetsky
Lizzy Savetsky
Ollie Savetsky
Stella Savetsky
Kameron Westcott

Sponsor:
Alliance In Reconstructive Surgery

Partner:
M.B. & Edna Zale Foundation

Contact Ellen Kleinhaus for more information.

Register Here
Team Sharsheret in-person races are back! Team Sharsheret has athletes running in The Bank Of America Chicago Marathon, Charity Challenge 13.1 in LA, and TCS New York City Marathon. View Team Sharsheret athletes [here](#).

Looking to make your miles meaningful and run in your own race? Contact [Ellen Kleinhaus](#) today!

Love to bake? Ready to make a difference?
Sisters Adeena Sussman and Sharon Wieder launched the Pies For Prevention Thanksgiving Bake Sale in 2008 in memory of their mother and grandmother whom they lost to ovarian cancer.

The pre-Thanksgiving bake sale supports Sharsheret's ovarian cancer initiative and takes place in cities across the country.

Contact Us To Learn More

---

**SHOP SHARSHERET GEAR**

Shop Here

Sharsheret now has an online store to purchase Sharsheret merchandise. Place your orders today!

Shop Here

---

**CLICK HERE TO DONATE NOW**

October 2021 | Sharsheret | 866 474 2774 | info@sharsheret.org | www.sharsheret.org

STAY CONNECTED

Facebook | Twitter | Instagram | LinkedIn | YouTube