

SHABBAT AROUND THE WORLD

with Naomi Nachman, The Aussie Gourmet March 10, 2022



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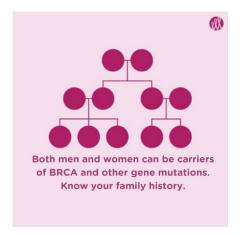
CEVICHE

- ½ pounds salmon fillet, finely chopped
- ½ pound tuna fillet, finely chopped
- ½ cup lemon juice
- ½ cup lime juice
- 1 jalapeno pepper, seeded and finely chopped
- 2 Tablespoons olive oil
- ½ teaspoon kosher salt
- ½ teaspoon fresh ground pepper
- ½ medium red onion, thinly sliced
- 2 ripe avocados, peeled, pitted and finely chopped
- 1/4 cup fresh cilantro, chopped (optional)

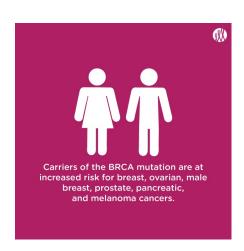


- 1. Combine salmon, tuna, lemon juice, lime juice, jalapeno, olive oil, salt, pepper, and onion in a medium bowl. Marinate, covered in the refrigerator for 2-4 hours.
- 2. Just before serving, add avocado to the fish mixture; sprinkle with cilantro.

This recipe is from Perfect For Pesach by Naomi Nachman, published by Artscroll/Mesorah publications. Pictures from Miriam Pascal.







For more information about Sharsheret, visit sharsheret.org or call 866-474-2774.



This is a cross between a ramen noodle soup and a fish appetizer. The fish is cooked in the broth that it's served in, giving it a punch of flavor. It makes a one-bowl meal, with soup, side, and protein all in one bowl.

1 (32-ounce) container vegetable broth

1/4 cup miso paste

1 Tablespoon soy sauce

juice of 1 lime

½ inch fresh ginger, sliced

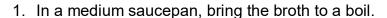
½ teaspoon kosher salt

4 (4-ounce) slices salmon fillet

10 shitake mushrooms, sliced

6 ounces (½ package) medium wide egg noodles, cooked according to package directions.

scallions, for garnish



- 2. Lower heat to a simmer; add miso, soy sauce, lime juice, and ginger. Cook for 5 minutes making sure the miso has been fully incorporated.
- 3. Add salmon; cook, covered, for 20 minutes, or until salmon is cooked through.
- 4. Add mushrooms; cook for 2 minutes. Remove and discard ginger slices.
- 5. Divide noodles among 4 bowls. Place a salmon fillet and mushrooms into each bowl; then pour the broth into the bowls over the salmon. Garnish with scallions.

Note: To make this carb free you can spiralize two zucchinis to use instead of the noodles.

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PAD THAI YIELDS 10 SERVINGS

The combination of sweet and sour with heat spice brings a typical Thai flavor profile to this stir fry.

- 1 (8.8-ounce) package thin rice noodles
- 1 Tablespoon sesame oil
- 4 Tablespoons tamarind concentrate
- 2 Tablespoons lime juice
- 3 Tablespoons brown sugar
- 1 tablespoon chili paste
- 1/4 cup soy sauce
- 1/4 teaspoon red pepper flakes
- 2 Tablespoons canola oil
- 1 medium onion, sliced into half-moons
- 1 teaspoon kosher salt
- 5 cloves garlic, minced
- ½ head Napa cabbage, shredded
- 4 eggs, lightly beaten
- 1 cup bean sprouts
- ½ cup roasted peanuts, chopped
- handful cilantro, chopped
- 1 lime, cut into wedges



- 1. Cook noodles according to package directions. After draining, drizzle with sesame oil to prevent noodles from sticking; set aside.
- 2. In a small saucepan over medium-low heat, simmer together tamarind, lime juice, chili paste, brown sugar, soy sauce, and red pepper flakes.
- Heat canola oil in a large skillet over medium-high heat. Add onions; sauté until soft. Add salt; stir mixture for 2 minutes. Add garlic and Napa cabbage; sauté until soft.
- 4. Push vegetables to one side of the skillet. Add eggs; scramble until just done. Toss scrambled eggs with vegetables; add bean sprouts and cook until they begin to soften.
- 5. Add cooked noodles and tamarind mixture to the pan. Stir until vegetables and noodles are evenly coated. Season with additional salt and pepper, to taste.
- 6. Serve, sprinkling each dish with peanuts and garnishing with cilantro and lime wedges.





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