"When I was diagnosed with breast cancer, Sharsheret answered all of my questions. When my hair fell out, Sharsheret provided me with a fully subsidized, beautiful human hair wig. My Sharsheret social worker offered me the care and support I desperately needed and could not find at home." Read more from Kerith.
Click the links below to register.

Body Image, Intimacy & Cancer With Dr. John 12/8
Sharsheret Book Club With Theresa Brown 12/13
Shalom Shabbat: Spreading Light 12/16

Body Image, Intimacy & Cancer is made possible with support from: Daiichi-Sankyo, Merck and Northwell Health Cancer Institute.
The Sharsheret Book Club With Theresa Brown is made possible with support from: Daiichi-Sankyo and Merck.
Shalom Shabbat is made possible with support from: Daiichi-Sankyo, Merck and Susan G. Komen Greater New York City.

Thank You Adeena, Anat, Sharon and All the Pies for Prevention Bakers and Supporters!
A huge thank you to everyone who bought or baked delicious treats and sponsored bakers for our annual Pies for Prevention Thanksgiving Bake Sale! We hosted bake sales in 35 locations across the United States and in Israel that brought in over $110,000 to support Sharsheret's ovarian cancer program.

A special thank you to sisters Sharon Wieder and Adeena Sussman, who created the Pies For Prevention Thanksgiving Bake Sale in memory of their mother and grandmother, whom they lost to ovarian cancer, and who oversee this incredible initiative every year.

Pies for Prevention is supported in part by Merck.
This past *Movember*, Sharsheret focused on men’s health.

Bill Harris, a veteran Los Angeles photojournalist, didn’t think much of it when one morning in 2012 he woke up and found a tiny blood spot on the T-shirt he’d slept in. The next morning, he found blood in the same place on his chest — and went straight to his computer.

“Online, I could find only three things that would cause a man’s nipple to discharge blood: being an avid runner, which I wasn’t; having a subtropical fungus, which I didn’t; and breast cancer,” he said. Read more in an article by Larry Luxner on [JTA.org](http://www.jta.org).

The Men’s Health Webinar is made possible with support from: The Siegmund and Edith Blumenthal Memorial Fund, The Max & Anna, Ben & Sarah Baran and Milton Baran Endowment Fund of the Jewish Community Foundation of Los Angeles, [The Basser Center For BRCA](http://www.bassercenter.org), [Daiichi-Sankyo](http://www.daiichisankyo.com) and [Merck](http://www.merck.com).

The men’s health initiative at Sharsheret is a part of Sharsheret Men’s Leadership Council sponsored by [Astrazeneca](http://www.astrazeneca-us.com).

The BRCA Hereditary Cancer and Men video series is made possible with support from [Astrazeneca](http://www.astrazeneca-us.com).
Are you scheduled for a mastectomy?

Sharsheret offers a free care package for mastectomy recovery which includes drain holders and a seat belt cushion.

If you are scheduled for a mastectomy and haven't received your Sharsheret package yet, please contact us at clinicalstaff@sharsheret.org.

Request A Free Kit
Sharsheret founder’s son, Shlomo Mirsky, shares his personal experience publicly for the first time alongside CEO Elana Silber on *Inspiration for the Nation*: The Cancer Fight.

Tune in to *Orthonomics* and hear about Health Challenges Affecting Orthodox Women and their Families.

*Soul Sessions with KK*: Be Your Own Health Advocate.

To bring a podcast to your community, please contact Director of Marketing and Communications, Jordana Altman.
Sharsheret Pink Day is an opportunity for you to raise awareness about breast cancer and help save lives. **Get involved on Wednesday, February 15th!**

Wear pink and lead a breast cancer educational event or fundraiser with your school, organization or company and share Sharsheret's free resources and giveaways!

Follow us for updates on our Instagram [@sharsheretofficial](https://www.instagram.com/sharsheretofficial/) and use #SharsheretPinkDay2022.

For more information, please contact [Ellen Kleinhaus](mailto:ellen.kleinhaus@sharsheret.org).

Learn More
Sharsheret is proud to share the Living Legacy video series, highlighting inspirational stories, memories, feelings and words of advice from women living with advanced cancer.

To learn more about Sharsheret's Embrace program for women living with advanced breast cancer or ovarian cancer, please email Bonnie Beckoff.

This video series is part of the Living Legacies project made possible with generous support from Gilead Sciences and in partnership with Memories Live.

Watch Videos
Sharsheret was proud to be part of First Lady Dr. Jill Biden’s roundtable on breast and cervical cancer, part of the White House administration’s Cancer Moonshot initiative to reduce deaths from cancer. The event was launched by the American Cancer Society. Singer Mary J. Blige, an advocate for cancer screening, participated in the roundtable with Dr. Biden along with oncology leaders and other experts to help improve the lives of people living with cancer and support their families.
Join Sharsheret's nutrition coaching program, which provides people affected by breast and ovarian cancer tools to make healthy diet choices. Space is limited and applications will be accepted on a rolling basis.

This program is open to LA County residents with some spots available to non-Los Angeles residents around the country.

**What does the program include?**

Participants (all genders) must be in treatment or survivorship for breast cancer or ovarian cancer, OR have been diagnosed with increased hereditary risk for breast cancer or ovarian cancer (e.g. BRCA, CHEK2 mutation carrier).

Eligible participants can sign up for one of two exciting opportunities:


2) Three One-On-One Nutrition Coaching Sessions with expert Tamar Rothenberg, MS, RDN of Nutrition Nom Nom.

Thank you to our sponsors Cedars-Sinai and Max & Anna Baran, Ben & Sarah Baran and Milton Baran Endowment Fund of the Jewish Community Foundation of Los Angeles.
Order Your 2023 National Mah Jongg League Card

Please order your 2023 National Mah Jongg League Card
For each card bought $5 will be donated by the NMJL to Sharsheret.

Your card order will be mailed to your home address from the NMJL on/about the first week in April 2023. (NMJL will only mail to residential addresses).

PAYMENT MUST BE RECEIVED BY TUESDAY, JANUARY 24TH.

ORDER HERE

Are you interested in bringing a Mah Jongg event to your community?

Contact Yael Gevertzman to get started.

Order Mah Jongg Cards

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Holy Name is a leading health system in New Jersey, providing world-class care through a unique combination of medical expertise, innovative technology, and humanity at the heart of every interaction. Since our founding in 1925, our faith-based mission has remained steadfast - to help our community and each person we serve achieve the highest level of health through prevention, education and treatment. We provide nationally-recognized, award-winning inpatient, outpatient and wellness services through Holy Name Medical Center, a comprehensive 361-bed acute care hospital; Holy Name Physicians, a network of nearly 400 primary and specialty care experts; Villa Marie Claire, a home-like residential hospice center in Saddle River, NJ; HNH Fitness, a state-of-the-art health and fitness center in Oradell, NJ; the Sister Claire Tynan School of Nursing, a highly competitive institution dedicated to training the next generation of nursing professionals in Englewood Cliffs, NJ; Hôpital Sacré Cœur, a 200-bed Hospital in Milot, Haiti; as well as a wide range of services brought directly to patients through home care and telemedicine and hospital-at-home programs.

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