



SHARSHERET®

Sharsheret Receives Grant from the Jewish Women's Foundation of NJ, a giving circle of the Jewish Community Foundation of Greater MetroWest NJ

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Teaneck, New Jersey (August 7, 2023) – Sharsheret, the only national not-for-profit organization dedicated to addressing the needs of women and families of all Jewish backgrounds facing breast cancer and ovarian cancer, is pleased to announce its receipt of a grant from the Jewish Women's Foundation of NJ, a giving circle of the Jewish Community Foundation of Greater MetroWest NJ. Sharsheret was awarded \$25,000 to send free, customized quality-of-life and mastectomy support kits to women facing breast cancer or ovarian cancer.

Each woman who contacts Sharsheret is connected with a social worker who assesses her needs, enrolls her in appropriate programs and provides her with a personalized kit, critical resources, information and materials that are particular to her experience.

Sharsheret has eleven different individualized kits that are sent out to men, women and families all over the United States.

The Jewish Breast & Ovarian Cancer Community

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Regional Offices: California • Florida • Illinois • New Jersey • New York

For example, each Thriving Again Kit, customized for breast cancer or ovarian cancer survivors, includes a cookbook and exercise bands and also provides relevant information for each caller (e.g., tips to help women discuss their diagnoses with their children and communicate with their medical team). Busy Boxes for parents of young children include age-appropriate toys and games as well as parenting resources. Mastectomy Kits include seat belt covers and two drain covers, one for the shower and one for regular wear. Kits are delivered directly to each recipient, making it easy for women facing cancer to receive the support they need without requiring them to leave their homes.

“Our goal at Sharsheret is to ensure that women and families are being helped at every stage of their breast cancer or ovarian cancer journey. We are proud to provide quality-of-life kits to help address women’s needs at various times; the demand for our kits is greater than ever before. We are thankful for the Jewish Women’s Foundation’s generous support that will help us to meet this demand,” says Elana Silber, Sharsheret CEO.

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ABOUT SHARSHERET

Sharsheret, Hebrew for chain, a national cancer organization with five offices (California, Florida, Illinois, New Jersey and New York), serves 250,000 women, families, health care professionals, community leaders and students in all 50 states. Sharsheret improves the lives of Jewish women and families living with or at increased genetic risk for breast or ovarian cancer through personalized support and saves lives through educational outreach.

While our expertise is in young women and Jewish families as related to breast cancer and ovarian cancer, Sharsheret programs serve all women and men.

As a premier organization for psychosocial support, Sharsheret is a member of the Federal Advisory Committee on Breast Cancer in Young Women, works closely with the Centers for Disease Control and Prevention (CDC) and participates in psychosocial research studies and evaluations with major cancer centers, including Georgetown University Lombardi Comprehensive Cancer Center. Sharsheret is accredited by the Better Business Bureau and has earned a 4-star rating from Charity Navigator for nine consecutive years.

What We Do

One-on-One Support for women and their families touched by breast cancer and ovarian cancer (all free, confidential and convenient), featuring:

- Online 24/7 Live Chat
- Mental Health Professionals
- Genetic Counselor
- Peer Support
- Customized Beauty Kits
- Busy Boxes for Children
- Specialized Programming for Women Living with Metastatic Cancer
- Financial Subsidies for Non-Medical Services
- Men's Educational Resources

Education and Outreach for women, men, families, and community and medical professionals

- Healthcare Webinars
- College Campus Programming
- Community Educational Seminars
- Cultural Competency Trainings
- Comprehensive Resource Booklet Series
- Community Action for Women and Men of all Ages
- B'nai Mitzvah Projects
- Team Sharsheret Races and Walks
- Young Professionals Circle
- Teal and Pink Shabbat
- Local Volunteer Opportunities

For more information and to get involved today, visit us online at www.sharsheret.org or call us at 866-474-2774. Tag us on Instagram @sharsheretofficial

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