

What is SHARSHERET?

Sharsheret supports Jewish women and families facing breast and ovarian cancer at every stage.

WHAT DOES SHARSHERET DO?

Provides one-on-one support

- Mental health professionals
- Genetic counseling
- Peer support
- 24/7 Live chat

Education and Outreach

- Webinars
- Campus outreach
- Volunteer opportunities
- Educational resources
- Community events



B'NAI MITZVAH

MAKE YOUR MILESTONE *meaningful*

Are you celebrating your Bar/Bat Mitzvah and looking for a meaningful project that offers you the opportunity to contribute to the community?

Take on a Mitzvah project, or donate money to Sharsheret, and help save lives!

Celebrate With Us!

Sharsheret's B'nai Mitzvah are featured on Sharsheret's website, social media, blog and in our newsletter, provided with educational resources and giveaways and receive a special gift in celebration of their milestone events.



SHARSHERET

The Jewish Breast & Ovarian Cancer Community

sharsheret.org | bnaimitzvah@sharsheret.org | 866.474.2774





WHY DID I CHOOSE SHARSHERET FOR MY B'NAI MITZVAH?

“When a Jewish boy becomes a Bar Mitzvah, he does something called a Mitzvah Project. It’s an initiative that teaches us the most important values of Judaism such as repairing the world (tikkun olam) and compassion for others (v’ahavta l’rayecha kamocho). For my Mitzvah Project, I am organizing a toy drive to benefit Sharsheret, an organization that helps Jewish women and men with breast and ovarian cancer. Toys are collected for Busy Boxes. Each Busy Box includes toys, games and resource materials to occupy children while their mom (or dad) is at the doctor or resting after treatment.”

- BEN, FL

“For my Bat Mitzvah project, I am selling candles in my Oma’s honor to raise money for Sharsheret, an organization that my Oma was in touch with when she was sick. She was always looking out for other people and, as I become a Bat Mitzvah, I hope to be like her.”

- ALLIE, NJ

WHAT MAKES OUR PROGRAM *different?*

At Sharsheret your B’nai Mitzvah project can be focused on anything you like to do! It is a tailor-made project just for you. It is always meaningful!

WANT TO HELP FAMILIES WITH SMALL CHILDREN?

Run a Busy Box toy drive by collecting small toys at home or through an Amazon wishlist. These toys are then handpicked for the Busy Box based on families’ needs.

DO YOU LOVE SPORTS?

Run or host a 5K or 10K with Sharsheret, or a hoop-a-thon with Sharsheret and have people donate based on the number of baskets you make!

ARE YOU INTO MAKEUP OR SKINCARE?

Run a Best Face Forward Makeup Drive through an Amazon wishlist and provide makeup, lotion and other skin care items for women currently undergoing treatment.

DO YOU LOVE BAKING OR CRAFTS?

Host a bake or craft sale and have the proceeds go directly to Sharsheret. Make candles, bookmarks or scarves! Sell Challot, cookies or cakes!

Or create your own project!

**FOR MORE INFORMATION EMAIL
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