

# Survivor Spotlight



NEWS FROM SHARSHERET  
OVARIAN CANCER AWARENESS MONTH UPDATE  
SEPTEMBER 2024



OVARIAN CANCER SURVIVOR  
**Joan Taback Frankle**

"Throughout my ovarian cancer journey, Sharsheret's mental health professionals provided me with support and counseling. Being a carrier of the BRCA1 mutation, Sharsheret's genetic counselor helped me and my family make difficult decisions."

[Read Joan's Story](#)

## News & Notes



### Order a Free Ovarian Cancer Survivorship Kit

Order a **FREE** Sharsheret survivorship kit that helps ovarian cancer survivors thrive. This customized kit comes with exercise bands that will help you jumpstart a good workout routine, and also includes a healthy living cookbook.

[Order your kit today.](#)

Thriving Again Kits are sponsored in part by [GSK](#) and [ImmunoGen](#).

### Know the Signs and Symptoms of Ovarian Cancer

Did you know that ovarian cancer symptoms often go



unnoticed until the cancer has spread? [Know the signs and symptoms](#) so you can be better prepared.



## Navigating Ovarian Cancer: Important Developments

Join City of Hope Orange County experts Joshua G. Cohen, MD and Seth A. Cohen, MD for a discussion about new treatments for ovarian cancer as well as key advances in improving quality of life. [Register here to join us](#). This webinar is sponsored by: [ImmunoGen](#). The Summit is made possible in part with support from [AstraZeneca](#), [Daiichi-Sankyo](#), [Merck](#), [Pfizer](#), [City of Hope Orange County](#), [Eisai](#), [Northwell Health](#), and [RMA Fertility](#).



## Sharsheret Summit: Latest Information on Breast Cancer and Ovarian Cancer

Explore the latest updates and essential knowledge about breast cancer and ovarian cancer from top national experts. Join thousands of people participating in in-person community-based educational programs and virtual webinars. [Stay informed and empowered](#). The Summit is sponsored in part [AstraZeneca](#), [Daiichi Sankyo](#), [Merck](#), [Pfizer](#), [City of Hope Orange County](#), [Eisai](#), [Northwell Health](#), and [RMA Fertility](#).



## Ride With Sharsheret and Peloton

Ride LIVE with top instructor Olivia Amoto on Sunday, October 13th at 8 AM ET/5 AM PT. Join Team Sharsheret on this special ride during breast cancer awareness month. [Sign up to ride with us today!](#) Sponsored by [Bernstein Liebhard](#) and [Dr. Oren Lerman, Plastic Surgeon](#).

## The West Coast Dash is 2 Weeks Away

Sharsheret's annual West Coast Dash is coming up on Sunday, September 15th, in Playa del Rey, CA. The run/walk



will include a new route as well as a 5K, 10K, Family Fun Race, and event festival. People of all ages, abilities and strollers are welcome. [Register today.](#)

The West Coast Dash is made possible in part with support from: [Sidley](#), Sheila Baran Spiwak and Alan Spiwak, [City of Hope Orange County](#), [Jewish Community Foundation of Los Angeles](#), Kent Family, Courtney Mizel, [brd](#), Carri Garelick & The Garelick Family Foundation, Karen and Jeff Goss, [Houlihan Lokey](#), Marcie and Scott Howard, Susan and Dan Kane, Katz Bick Family, Lisa and Victor Kohn, LA County Supervisor [Holly Mitchell](#), LA Councilmember [Traci Park](#) and Cassie and Eitan Weinstock.

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## Recent blog:



### **Good News, You're a Mutant! by Shannan A.**

"A couple weeks later, midway through some pretty gnarly radiation, I was in my oncologist's office when he popped in and said, "Good news, you're a mutant! Your tumor most definitely has the ESR1 mutation, which means a different treatment plan." [Read more and learn about ESR1 mutations.](#)

This blog is made possible with support from [Menarini Stemline](#).

## SPONSORED CONTENT

### **Participate in research with PicnicHealth**

Join our early breast cancer study with PicnicHealth and make a difference! If you are 65+, your participation is crucial. Share your story and help advance research. Research participation requires a recent breast cancer diagnosis (stages I-III) within the past 3-5 years. [Learn more here.](#)



Sharsheret stands with Israel. We mourn with the families and friends of those killed, pray for those injured and kidnaped, and hope for lasting peace.

As our hearts remain focused on Israel, Sharsheret continues to provide vital cancer-related genetic and mental health counseling, emotional support, financial subsidies, and education to thousands of women, men, and families facing breast cancer and ovarian cancer.

We look forward to gathering together as a community with compassion, sensitivity, and strength.



### Looking for support?

Call 866.474.2774 or email [info@sharsheret.org](mailto:info@sharsheret.org).



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