



NEWS FROM SHARSHERET
JANUARY 2025



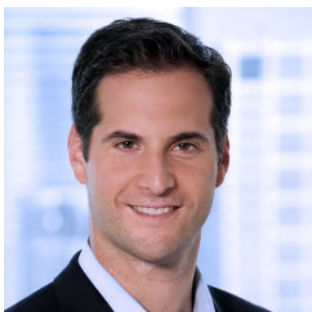
PREVIVOR SPOTLIGHT
Rachel Katz

"For years, I felt like a ticking time bomb, burdened by a family history of breast cancer that shaped every aspect of my life. Last year, I took control of my health and underwent a preventative double mastectomy—even without the BRCA gene mutation."

Read more about Rachel's journey that led her to this life-changing decision, the challenges she faced, and the support she found along the way.

[Read Rachel's Story](#)

News & Notes



Board of Directors Update

We are pleased to announce that Daniel Gorlin has joined Sharsheret's Board of Directors. Daniel brings a wealth of experience and a deep passion for Sharsheret's mission. A steadfast supporter of Sharsheret for over a decade, Daniel and his family have played a pivotal role in advancing our mission, and their commitment was instrumental in the

successful launch of Sharsheret's Israel pilot program.

[Read more.](#)



Join us Today to Stay Informed with the Latest Breast Cancer Research

Join us today at 8 pm ET/5 pm PT for an engaging virtual webinar featuring Dr. Virginia Kaklamani and Dr. Eleonora Teplinsky as they share the latest scientific advancements in breast cancer research. Drawing from expert insights presented at the recent San Antonio Breast Cancer Symposium (SABCS), this session will break down cutting-edge developments and their implications for patients, survivors, and families. [Register here.](#)

Special bonus session (a more intimate Q and A with the experts) available at the end of the webinar exclusively for members of Sharsheret's Embrace community facing metastatic breast or advanced ovarian cancer.

Sharsheret's SABCS series is sponsored by [Ambry Genetics](#).



Start the New Year with Anti-Cancer Morning Routine Nutrition Tips

Ready to optimize your health in 2025? Join Rachel Beller, MS, RDN, the go-to anti-cancer nutrition expert featured on *Good Morning America*, for an empowering virtual program. On January 15, Rachel will share evidence-based strategies to help you incorporate cancer-fighting nutrition into your daily morning routine. Whether you're looking to support your thrivership or make healthier choices for you and your family, this session is not to be missed! [Register here.](#) "Sharsheret in the Kitchen" is sponsored by [Gilead](#), [Pfizer](#) and, the Cooperative Agreement DP24-0061 from the Centers for Disease Control and Prevention.



Mark your Calendars for Pink Day!

Raise awareness about breast cancer and save lives on Sharsheret Pink Day, February 12th. You can make a difference by leading an educational event, program, or fundraiser at your school, organization, or company. Follow us on our Instagram for updates [@sharsheretofficial](#) and use #SharsheretPinkDay2025 to share how you're marking Pink Day. [Contact us to start planning today!](#) Pink Day is sponsored in



Sharsheret Co-Authors Manuscript Addressing Young Mothers Facing Cancer

Sharsheret is proud to announce the co-authorship of a scientific article exploring the unique experiences of mothers with young children facing breast cancer. With 1 in 8 women in the U.S. developing breast cancer and 1 in 87 facing ovarian cancer, a diagnosis impacts every facet of life—employment, relationships, and parenting. This academic manuscript highlights the vital role played by community-based cancer organizations, like Sharsheret, in bridging gaps left by clinical care. Sharsheret is a member of the Federal Advisory Committee on Breast Cancer in Young Women, works closely with the Centers for Disease Control and Prevention (CDC), and participates in psychosocial research studies and evaluations with major cancer centers, including Georgetown University Lombardi Comprehensive Cancer Center. [Read more.](#)

New Blog



BRCA1, BRCA2, and Breast Cancer: Not Just a Women's Issue

When we think of breast cancer, it's often seen as a concern only for women. However, breast cancer risk—and the importance of genetic testing—actually applies to all of us. Everyone, regardless of sex or gender, is born with the BRCA1 and BRCA2 genes that play an important role in whether a person develops breast, ovarian, prostate, and/or pancreatic cancers. [Read more here.](#) This blog is part of a series sponsored by [23andMe](#).

Sharsheret stands with Israel and hopes for lasting peace as we continue to provide vital cancer education and support.



Looking for support?

Call 866.474.2774 or email info@sharsheret.org.



©2024 Sharsheret, a 501(c)3 charitable organization. Sharsheret is a national not-for-profit cancer support, education, and financial assistance organization and does not provide any medical advice or perform any medical procedures. Sharsheret does not endorse or promote any specific medication, treatment, product or service, and makes no guarantees regarding the effectiveness of any product discussed herein. Any information provided herein is not a substitute for professional medical advice or treatment. You should always seek the advice of your physician or other qualified health provider.

[Privacy Policy](#) | [Terms of Use](#) | [Financials](#)



Sharsheret | 10 East 40th Street 28th Floor | New York, NY 10016 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)