



SHARSHERET

Sharsheret Partners on Academic Manuscript about Young Mothers and Cancer

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New York, NY (December 19, 2024) – Sharsheret, the only international not-for-profit organization dedicated to addressing the needs of women and families of all Jewish backgrounds facing breast cancer and ovarian cancer recently co-authored a scientific article about the unique experience of women with breast cancer who are mothers of young children. The average woman in the United States has a 1 in 8 chance of developing breast cancer and a 1 in 87 of developing ovarian cancer, a cancer diagnosis affects all aspects of the individual's health and well-being. Which includes, and is not limited to, employment, social and familial relationships, and childrearing. The academic manuscript detailed the ways in which community based cancer organizations help fill in the gaps missing in clinical settings and can help young mothers navigate and juggle this journey.

The academic manuscript states, "It is estimated that 12% of BC survivors and 5% of OC survivors live with minor children. Reports of mothers with cancer, both while undergoing treatment and afterward, underscore how challenging it is to navigate their own health priorities with the needs and well-being of their children." It goes on to detail the importance of community-based organizations (such as Sharsheret), and how they are meaningful and beneficial, especially to young mothers.

The Jewish Breast Cancer and Ovarian Cancer Community

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The manuscript details how community-based organizations (CBOs) fill in gaps that are often left unaddressed in clinical settings like hospitals and are imperative to the patient experience and their quality of life post-diagnosis. “Previvors and survivors who participate in community-based organization programs and patient navigation (PN) experience psychosocial and quality of life benefits. By analyzing the utilization of specific programs, it was revealed that these mothers were well-supported in navigating their cancer journeys and felt empowered to confront their disease risk and/or breast/ovarian cancer diagnoses, treatment, and survivorship.” Sharsheret provides six umbrella services to help individuals facing breast cancer or ovarian cancer, some of these services are tailored for young mothers. These services can make the cancer journey feel entirely different and help this at-risk population get the support they often need.

[Click to read more of the article.](#)

“Here at Sharsheret we aim to provide psychosocial support for anyone who needs it, understanding that providing this support along with our peer support to mothers with children has been shown to be critical for the quality of life of those young women and mothers,” said Sharsheret Chief Services Officer Adina Fleischmann. “We are proud to be a community-based organization that provides resources and support to this critical demographic.”

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ABOUT SHARSHERET

Sharsheret, Hebrew for chain, an international cancer organization with offices in the Midwest, Southeast, Northeast, West and Israel serves 250,000 women, families, healthcare professionals, community leaders and students in all 50 states. Sharsheret improves the lives of Jewish women and families living with or at increased genetic risk for breast or ovarian cancer through personalized support and saves lives through educational outreach.

While our expertise is in young women and Jewish families as related to breast cancer and ovarian cancer, Sharsheret programs serve all women and men.

As a premier organization for psychosocial support, Sharsheret is a member of the Federal Advisory Committee on Breast Cancer in Young Women, works closely with the Centers for Disease Control and Prevention (CDC), and participates in psychosocial research studies and evaluations with major cancer centers, including Georgetown University Lombardi Comprehensive Cancer Center. Sharsheret is accredited by the Better Business Bureau and has earned a 4-star rating from Charity Navigator for nine consecutive years.

What We Do

One-on-one support for women and their families touched by breast cancer and ovarian cancer (all free, confidential, and convenient), featuring:

- Online 24/7 Live Chat
- Mental Health Professionals
- Genetic Counselor
- Peer Support
- Customized Beauty Kits
- Busy Boxes for Children
- Specialized Programming for Women Living with Metastatic Cancer
- Financial Subsidies for Non-Medical Services
- Men's Educational Resources

Education and Outreach for women, men, families, and community and medical professionals

- Healthcare Webinars
- College Campus Programming
- Community Educational Seminars
- Cultural Competency Trainings
- Comprehensive Resource Booklet Series
- Community Action for Women and Men of all Ages
- B'nai Mitzvah Projects
- Team Sharsheret Races and Walks
- Young Professionals Circle
- Teal and Pink Shabbat
- Local Volunteer Opportunities

For more information and to get involved today, visit us online at www.sharsheret.org or call us at 866-474-2774. Tag us on Instagram @sharsheretofficial

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