



As Mother's Day approaches, read Lilly's moving story, "Three Generations, One Battle: A Journey Through Cancer, Love, and Legacy." Lilly shares her powerful story about facing a breast cancer diagnosis while caring for her mother with Alzheimer's and nurturing her young daughter. This multi-generational journey reminds us of the deep bonds that shape us — and the importance of support and community.

Read Lilly's Story

News & Notes



Calling all AEPhi Sisters

In honor of Sharsheret and Alpha Epsilon Phi's 18 years of partnership, we are asking all sisters, both collegiate and alumnae, to get connected and update their information! Please <u>click here</u> to fill out the form.

Help Grow Sharsheret's Physical Therapist Database



Research shows that physical therapy can greatly improve quality of life for cancer patients and survivors. <u>Sharsheret's</u> <u>Physical Therapy Program</u> will provide expert guidance and resources for those navigating the physical challenges of cancer and its treatments. <u>Click here</u> to help us grow Sharsheret's database of physical therapists, who can help program participants regain strength, mobility, and overall wellbeing. Stay tuned for more details on how to access this vital support!

This program is made possible with the generous support of Sherry Helfand Wiener.

Save the Dates: Tristate BBQs 7/29 and 7/31



<u>Two Summer BBQs</u>: In New Jersey, we hope you can join us as we honor our Maimonides Award recipient, Dr. Alise Reicin, and welcome our guest speaker, Dr. Sara Zakheim. A siyum will be led by Shlomo and Dovid Mirsky to commemorate the 10th yahrzeit of their mother, Sharsheret founder Rochelle L. Shoretz A"H.

In Long Island, we hope you can join us as we recognize guests of honor Tamar Abikzer and Florie and Shai Gasner, and present Erica Giller with the Lisa Altman Volunteer Tribute Award. A siyum will be led by Berish Elefant in memory of his niece, Sharsheret founder Rochelle L. Shoretz A"H. <u>Register here</u>.

These events are made possible in part with support from<u>Sidley</u>, <u>Maidenbaum</u>, <u>Merck</u>, <u>Pfizer</u> and <u>Psychiatric Family Care LLC</u> - 973-814-4115.

Latest Articles & Videos



Can Weight-loss Drugs Help in Cancer Treatment?

Sharsheret is exploring how <u>GLP-1 medications</u> like Ozempic and Wegovy may support breast cancer patients through weight management, treatment readiness, and even lymphedema relief. <u>Learn more in this JTA article</u>.

How Female Religious Leaders are Transforming Cancer Care for Jewish



Women

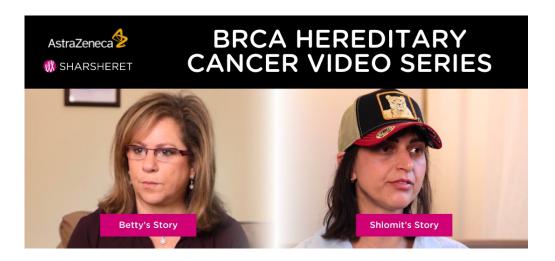
Through <u>Sharsheret's Global Health Leadership Training</u> <u>Institute</u>, rabbis, yoatzot halachah, and educators are gaining important tools to support women facing cancer with cultural and religious sensitivity. <u>Learn more in this JTA article</u>.



Diagnosed with ovarian cancer? Educate yourself with the Biomarker Boost

All the information, decisions, and emotions that come along with an <u>ovarian cancer diagnosis</u> can be a lot to process. During such a difficult time, one of the most powerful things you can do is ask your doctor some key questions. An important question to start with is: "Can we talk about biomarker testing?" <u>Learn more here</u>.

This blog is sponsored by <u>AbbVie</u>.



Betty and Shlomit both discovered they carry a BRCA2 mutation—and both had breast cancer detected early through enhanced screening. As they navigated treatment, recurrence, and additional health challenges, they also faced the emotional task of helping their families and young children understand hereditary risk.

Watch their powerful stories and learn how Sharsheret can support you through every stage of the hereditary cancer journey—from genetic testing and diagnosis to survivorship and family conversations.

The BRCA-Hereditary Cancer video series is made possible with generous support from <u>AstraZeneca</u>, and in partnership with <u>FORCE</u>, <u>Living Beyond Breast Cancer</u>, and <u>Breastcancer.org</u>.



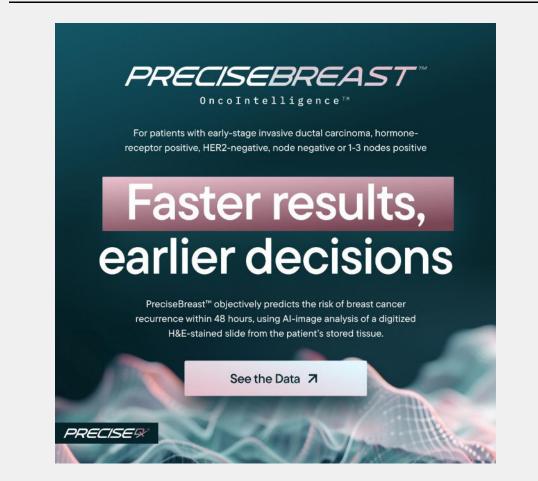
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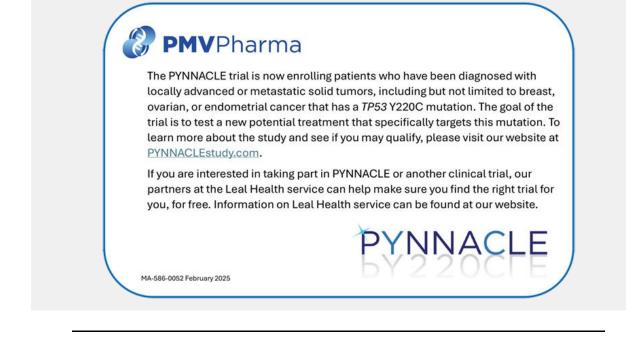


Puma Biotechnology is making clinical trial information more accessible for metastatic breast cancer patients. Understanding clinical trials can be complex.

Puma has developed clear, easy-to-read resources to help patients learn about the ALISCA[™]-Breast1 clinical trial. Download the Clinical Trial Information Sheet and Questions to Ask Your Oncologist by clicking here: <u>https://bit.ly/ALISCA-Breast1</u>

Empower yourself with knowledge and have more informed discussions with your healthcare team.





Sharsheret stands with Israel and hopes for lasting peace as we continue to provide vital cancer education and support.



Looking for support? Call 866.474.2774 or email info@sharsheret.org.







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