



When Liz Rose aka @JewishlyLiz began sharing her decision to undergo a prophylactic mastectomy, her raw and real posts about surgery, recovery, and family struck a chord. After connecting with Sharsheret, she shared an unboxing of Sharsheret *support resources and kits*—robe, mastectomy supplies, and a Busy Box for her kids—on her Instagram story.

<u>Watch the unboxing and see how one story—and Sharsheret's resources—</u> <u>can make a life-changing difference.</u>

Watch Now

## **News & Notes**



# **RSVP** Today for the Tristate BBQs - 7/29 and 7/31

Join us on July 29th in New Jersey, as we present Dr. Alise Reicin with the Maimonides Award and welcome Guest Speaker, Dr. Sara Zakheim. A siyum will be led by Shlomo and Dovid Mirsky to commemorate the 10th yahrzeit of their mother, Sharsheret Founder Rochelle L. Shoretz A"H. Join us on July 31st as we recognize Guests of Honor, Florie and Shai Gasner, and Tamar Abikzer, and present Erica Giller with the Lisa Altman Volunteer Tribute Award. A siyum will be led by Berish Elefant to commemorate the 10th yahrzeit of his niece, Sharsheret Founder Rochelle L. Shoretz A"H.

#### **RSVP** Now

These events are made possible in part with support from<u>Sidley</u>, <u>Kings</u> <u>Pharmacy</u>, <u>Maidenbaum</u>, <u>Merck</u>, <u>Pfizer</u> and <u>Psychiatric Family Care LLC -</u> <u>973-814-4115</u>.

### Help Another Woman Find Her Doctor



You know how overwhelming it can feel to navigate a new diagnosis. One of the most important—and most personal—steps is finding the right doctor.

At Sharsheret, we want to connect women with peer supporters who have been there before—women who can share what it was like to work with specific oncologists, surgeons, plastic surgeons, radiologists, genetic counselors, nutritionists, and more.

That's where you come in.

By sharing the names of the healthcare professionals who helped guide your journey, you'll help someone else feel more confident and supported as she builds her own team. When someone wants to speak with a peer who saw your doctor, we'll reach out to you. Your insight can be the missing piece in someone else's care.

> Share Your Doctor Info

This program is made possible in part with support from Genentech.



## Join Us: Upcoming Healing Webinar

Join Sharsheret and ritualist Becca Heisler to explore Jewish and water-based healing rituals inspired by the cancer experience. Together, we'll create something meaningful for the Sharsheret community. This webinar is open to anyone impacted by cancer—patients, survivors, caregivers, and Jewish professionals supporting others.

#### **Register Here**

Made possible with support from Cooperative Agreement 24-0061 of the Centers for Disease Control and Prevention, <u>Daiichi-Sankyo</u>, <u>Merck</u>, and <u>Novartis</u>. Thank you to our program partners<u>Cancer Support Community</u> <u>Los Angeles</u>, Maaleh Hayim, <u>Mayyim Hayyim</u>, <u>Rising Tide</u>, <u>Ritualwell</u>, and <u>Tower Cancer Magnolia House</u>.



# Team Sharsheret Takes Miami on January 25th

Join Team Sharsheret for the 2026 Life Time Miami Marathon

& Half and make your miles meaningful!

As a Team Sharsheret athlete, you'll receive:

- A guaranteed entry into the 2026 Life Time Miami Marathon or Half Marathon
- Personalized training support from our certified coach
- Fundraising tips, tools, and one-on-one guidance from Sharsheret staff, plus your own fundraising page
- An official Team Sharsheret jersey and exclusive swag

Apply Todav

For more information, please contact Michelle Mavorah.



## 4th Annual West Coast Dash

Join us on September 14th at the 4th Annual West Coast Dash in Playa del Rey, CA, as we proudly recognize our 2025 Grand Marshals: Community Heroes Dr. Sarah Farzan Kamrava and Dr. Mitchell R. Kamrava, and Healthcare Hero Dr. Sahar Wertheimer. This year, we also commemorate the 10th yahrzeit of Sharsheret Founder Rochelle L. Shoretz, A"H, who will be honored as the Honorary Grand Marshal.

### **Register Here**

This event is made possible with support from <u>Sidley</u>, Stacey Weiss, Karen and Jeff Goss, Lisa and Josh Hofheimer, <u>Jewish Community</u> <u>Foundation of Los Angeles</u>, Susan and Dan Kane, Courtney Mizel, Sheila Baran Spiwak and Alan Spiwak, Sharon and Michael Bacharach, Nancy and Scott Beiser, brd, Hertz/Krauss Family, The Kent Family, Cassie and Eitan Weinstock

## **Latest Article**

# CHICAGO SUN\*TIMES

Paramedical tattoos softened her trauma, and now she eases others' pain

When cancer changes your body, even small touches—like restoring eyebrows or areolas—can make a big difference. Through Sharsheret's financial assistance program, survivors can access free or low-cost paramedical tattooing with artists like Elsa Milani, helping them feel more like themselves again.

<u>Read more in the Chicago Sun-Times</u> about Elsa's journey and how Sharsheret helps with services that are critical to a woman's quality of life and body image.



Interested in learning more? Contact Sharsheret at <u>Clinicalstaff@sharsheret.org</u> to learn more or apply for nonmedical financial assistance today.

## **Sponsored Content**



Puma Biotechnology is making clinical trial information more accessible for metastatic breast cancer patients. Understanding clinical trials can be complex.

Puma has developed clear, easy-to-read resources to help patients learn about the ALISCA<sup>™</sup>-Breast1 clinical trial. Download the Clinical Trial Information Sheet and Questions to Ask Your Oncologist by clicking here: <u>https://bit.ly/ALISCA-Breast1</u>

Empower yourself with knowledge and have more informed discussions with your healthcare team.



Sharsheret stands with Israel. We mourn with the families and friends of those killed, pray for those injured, and hope for lasting peace.



#### Looking for support? Call 866.474.2774 or email info@sharsheret.org.







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