



EDUCATIONAL TOPICS TO INCORPORATE INTO YOUR EVENT

Overview

Below are the most common topics that can be presented by a Sharsheret professional, local expert, or volunteer trained by Sharsheret. They can be paired with one of the interactive programs outlined in this handbook and can be tailored to fit the health concerns of the broader community (beyond breast cancer or ovarian cancer).

Topic Ideas

Healing and Resilience After Cancer

Members of our communities facing cancer or other illnesses face difficult challenges. Create a program that brings medical, mental health, or rabbinic insight into the healing journey and offer spiritual and tangible support to community members in need of healing.

What's Jewish about Breast Cancer and Ovarian Cancer?

Explore why these cancers are Jewish issues, highlight life-saving cancer genetics information, and teach how to provide culturally meaningful support.

Cancer Genetics: How do you Wear Your Genes?

Learn how hereditary cancers impact all people in the Jewish community and what you can do to protect your family's health.

Women's Health and Empowerment

Create a supportive setting in which women can come together to discuss the many ways they can be proactive about personal and family health. This program can include discussions on screening, risk mitigation, body awareness, menopause, nutrition, etc.

Men's Health: Facts and Figures

Learn how hereditary cancers impact men, their families, and what you can do to take action to manage and mitigate personal and familial cancer risk.

Creating a Caring Community and Supporting Loved Ones Facing Cancer

Explore the ways in which individuals and communities can provide tangible support for someone facing illness. Learn practical tips and common roadblocks to care.

Torah Study on Pikuach Nefesh (Saving a Life) or Other Jewish Values

Delve deeper into the Jewish connection with the cancer experience and organize a text study with your learning group.

Advances in Cancer Research

Highlight the latest research and technology advances in the US and Israel. Speakers can include renowned scientists or even researchers within your own community.

If you have another topic in mind or would like a specialized presentation, please contact Sharsheret for a personalized presentation that meets your community needs.