



2025 WAIVER - Assumption of Risk, Release and Permission

The West Coast Dash events involve walking and running - an activity which may include risks such as, but not limited to, falls, interaction with other participants, and effects of weather, traffic, and conditions of the road. Although route maps, rest stops, refreshments and other assistance may be made available during this event, I am solely responsible for my own health and safety and understand that it is my responsibility to dress appropriately and properly fuel my body. I represent that I am physically fit, of sound mind and able to attend or participate in this event.

In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including bodily and personal injury, death, property loss or other damages, of any kind arising in any way out of my attendance or participation in The West Coast Dash and related activities. I hereby for myself, my heirs, executors and administrators, release, discharge and agree not to sue Sharsheret, Mercury Events LLC, Los Angeles County, Pacific Coast Race Timing, Southern California Barricades, their affiliates, their respective officers, directors, volunteers, employees, sponsors, and agents from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in or attendance at this event and related activities - whether resulting from negligence of any of the above or from any other cause.

I further agree that the organizers of this event may use, reuse, publish and republish my name and image as a participant in the event in photographs, video or other recordings.

I have read, understand and agree to the terms of this agreement.

☐ I am the participant

☐ I am the parent, legal guardian or conservator of participant and I hereby consent to his/her participation. I have read the foregoing agreement, and I hereby agree on behalf of myself and participant, _____.

NAME: _____

Signature _____ Date _____