



At just 21, Molly Reback was diagnosed with a rare ovarian germ cell tumor, right as she was preparing to move to Israel for graduate school. Thrust into a whirlwind of treatment and uncertainty, Molly found an unexpected source of strength and connection: Sharsheret.

In this blog post, Molly shares how Sharsheret became a vital part of her ovarian cancer journey, providing peer support and personalized resources during treatment and beyond. That support has remained constant through every life milestone, from earning her MSW to becoming a mom.

Read Molly's Story

News & Notes

Know the Signs and Symptoms of Ovarian Cancer

Did you know that ovarian cancer often goes undetected until it has already spread? Recognizing the signs and symptoms



early can make a big difference. Stay informed and know your body's "normal".



Order a Free Ovarian Cancer Survivorship Kit

If you haven't received yours yet, order a Sharsheret Survivorship Kit designed for ovarian cancer survivors. Each free kit includes exercise bands to help you kickstart a workout routine and a healthy living cookbook filled with simple, nourishing recipes to support your wellness journey.

Order Your Free Kit Today



Sharsheret Summit: Latest Information on Ovarian Cancer and Breast Cancer

Starting September 26th, explore the latest updates and essential knowledge about ovarian cancer and breast cancer from top national experts. Join thousands of people participating in in-person community-based educational programs and virtual webinars.

Register Here

The Sharsheret Summit is sponsored by Cooperative Agreement 24-0061 of the Centers for Disease Control and Prevention, Merck, AstraZeneca, Novartis, Pfizer, Lilly, Daiichi Sankyo, City of Hope, Eisai, and GSK.



Ovarian Cancer Research Breakthroughs

Join top gynecologic cancer expert Dr. Beth Y. Karlan for a discussion about new treatments for ovarian cancer as well as key advances in improving quality of life for those diagnosed.

Register Here

This webinar is a part of the Sharsheret Summit and is sponsored by Merck.

Love to Bake? Help Make a Difference This



Thanksgiving

We're looking for volunteer bakers and hosts to coordinate local Pies for Prevention bake sales!

Launched in 2008 by sisters Adeena Sussman and Sharon Wieder in memory of their mother and grandmother, both lost to ovarian cancer, Pies for Prevention raises funds and awareness in the days before Thanksgiving. Proceeds support the Stephanie Sussman and Ann Nadrich Memorial Jewel and Sharsheret's Ovarian Cancer Program.

"Bake" a difference in your community and in the lives of women and families facing ovarian cancer.

Want to get involved? Contact <u>Talia Lerner</u> to get started.



The West Coast Dash is 2 Weeks Away

Sharsheret's annual West Coast Dash is coming up on Sunday, September 14th, in Playa Del Rey, CA. The run/walk will include a 5K, 10K, Family Fun Race, and event festival. People of all ages and abilities, and strollers, are welcome.



This event is made possible with support from <u>Sidley</u>, Stacey Weiss, Karen and Jeff Goss, Lisa and Josh Hofheimer, <u>Jewish Community Foundation Los Angeles</u>, Susan and Dan Kane, The Kent Family, Courtney Mizel, Sheila Baran Spiwak and Alan Spiwak, Sharon and Michael Bacharach, Kathi Barnhard and Gary Hiller, Nancy and Scott Beiser, Bick Katz Family, <u>Bloom 43</u>, brd, Hertz/Krauss Family, <u>Houlihan Lokey</u>, <u>JSF Financial</u>, Lisa and Victor Kohn, <u>Councilwoman Traci Park</u>, Donna and Peter Schlessel, and Cassie and Eitan Weinstock.



Change Lives for \$1 A Day!

Sharsheret is a proud beneficiary of Daily Giving, receiving over \$100,000 in support from nearly 10,000 donors around the world.

Daily Giving collects just \$1 a day from each participant and distributes the funds to a different Jewish nonprofit every day.

Join this global community of giving and make a lasting impact, one dollar at a time.

Sign Up Today



Chicago Friends: We're Hiring!

Join our vibrant Midwest team as an Outreach Coordinator! We're seeking a skilled and dynamic individual based in the Chicagoland area for a full-time, remote position. Help expand the Jewish community's response to breast cancer and ovarian cancer by leading impactful educational and outreach initiatives across Illinois and surrounding states.

Apply Here

Blog



Chemotherapy and Mouth Sores: Far Worse Than 'Canker Sores'

Written by ChemoMouthpiece

Mouth sores are one of the most painful and disruptive side effects of chemotherapy, affecting up to 80% of patients. But they're not inevitable. The FDA-cleared Chemo Mouthpiece uses advanced cryotherapy to help prevent oral mucositis before it starts. This drug-free, easy-to-use device cools the entire mouth during and after infusions to protect your comfort, health, and treatment timeline. Learn how it can make a difference during chemo.

Read More

This blog is part of a series sponsored by ChemoMouthpiece.



Sharsheret stands with Israel. We mourn with the families and friends of those killed, pray for those injured, and hope for lasting peace.



Looking for support?

Call 866.474.2774 or email info@sharsheret.org.







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