



NEWS FROM SHARSHERET

BREAST CANCER AWARENESS MONTH UPDATE

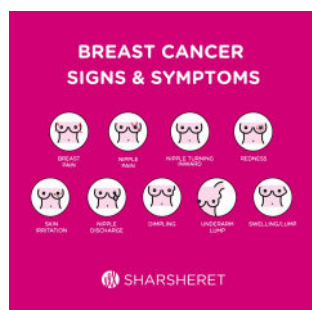
OCTOBER 2025



In early 2025, Alice was diagnosed with triple negative breast cancer following a routine mammogram. As her treatment quickly became more complex, a friend urged her to contact Sharsheret. That one call led to the support, guidance, and connections she didn't know she needed. With Sharsheret by her side, Alice found strength during one of the most challenging times in her life.

[Read Alice's Full Story](#)

News & Notes



Know the Signs and Symptoms of Breast Cancer

1 in 40 people of Ashkenazi Jewish descent carries a BRCA gene mutation, making Jewish families 10 times more susceptible to hereditary breast cancer and ovarian cancer than the general population. It is important to know the signs and symptoms whether or not you have a family history of breast cancer. Have questions about your risk? Contact Sharsheret's [genetic counselors](#).

Contact a Genetic Counselor



Order a Free Breast Cancer Survivorship Kit

If you haven't received yours yet, order a Sharsheret Survivorship Kit designed for breast cancer survivors. Each free kit includes exercise bands to help you kickstart a workout routine and a healthy living cookbook filled with simple, nourishing recipes to support your wellness journey.

**Order Your Free Kit
Today**

Survivorship Kits are sponsored in part by [Exact Sciences](#), [Lilly](#), [Novartis](#), and [Pfizer](#).



Sharsheret Summit Happening Now: The Latest Information on Breast Cancer and Ovarian Cancer

Taking place now through the end of the month, explore the latest updates and essential knowledge about breast cancer and ovarian cancer from top national experts. Join thousands of people participating in in-person community-based educational programs and virtual webinars.

Register Here

The Sharsheret Summit is sponsored by Cooperative Agreement 24-0061 of the Centers for Disease Control and Prevention, [Merck](#), [AstraZeneca](#), [Novartis](#), [Pfizer](#), [Lilly](#), [Daiichi Sankyo](#), [City of Hope](#), [Eisai](#), and [GSK](#).



October 16th: Healthcare Professional Training

Register now for Sharsheret's webinar, "The Impact of Culturally Competent Cancer Care"—a free, one-hour training on how culturally sensitive care can improve cancer outcomes.

Learn through the lens of Jewish women facing breast cancer, with insights that are applicable to many diverse communities.

Free CME credit may be available (ASWB, NYSW, ANCC, ACCME).

Register Here

This webinar is a part of the Sharsheret Summit.



Help Another Woman Find Her Doctor

A new diagnosis can feel overwhelming—and finding the right doctor is one of the most important steps to be taken.

Sharsheret connects women with peer supporters who can share their experiences including feedback about specific doctors and specialists.

That's where you come in.

By sharing the names of the healthcare professionals who helped you, you can help someone else feel more confident and supported.

[Share Now](#)



Make a Difference This Thanksgiving — One Pie at a Time!

We're looking for volunteer bakers and hosts to coordinate local Pies for Prevention bake sales!

Launched in 2008 by sisters Adeena Sussman and Sharon Wieder in memory of their mother and grandmother, both lost to ovarian cancer, Pies for Prevention raises funds and awareness in the days before Thanksgiving. Proceeds support the Stephanie Sussman and Ann Nadrich Memorial Jewel and Sharsheret's Ovarian Cancer Program.

Want to get involved? Contact [Talia Lerner](#) to get started.

[Find a Bake Sale in Your Community](#)



We're Hiring!

We are looking for bright, dedicated, and enthusiastic individuals to join our team. Check out the open positions below:

[Program Coordinator, Midwest Region](#)
[Los Angeles Intern](#)



Run, Walk, or Support Team Sharsheret

Make your miles more meaningful by joining Team Sharsheret at races and events across the country. Whether you walk, run, or cheer from the sidelines, you'll be supporting women and families facing breast cancer and ovarian cancer. Find an event in your region and get involved today:

Florida: [10/12 — Every Boob Counts 5K](#)

New York: [10/19 — ACS Making Strides Against Breast Cancer Walk](#)

Latest Blogs

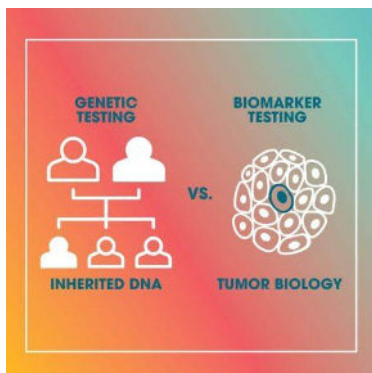


Sharing My Journey: Facing Genetic Mutations with Hope and Strength

By Emily Stone

In recognition of Previvor Day on October 1st, read a powerful blog about Emily's life-changing genetic test results, the difficult decisions that followed, and how Sharsheret became a lifeline on her journey to empowerment and peace of mind.

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Genetic vs. Biomarker Testing in Early-Stage Breast Cancer: What You Need to Know

This blog is sponsored by [Agendia](#)

If you've been recently diagnosed with early-stage breast cancer, you may hear terms like genetic testing and biomarker testing. While they sound similar, they serve very different purposes—one looks at inherited risk, the other at how your tumor behaves. Knowing the difference can help you and your care team make more personalized, effective treatment decisions.

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Sponsored Content



Discover Pathlight™ - a novel molecular residual disease (MRD) test designed to help you, and your care team monitor early-stage breast cancer with greater confidence. Pathlight uses a unique “molecular fingerprinting” approach, personalized to your tumor, to detect even the tiniest fragments of circulating tumor DNA (ctDNA)—or confirm when none are present¹ Covered by Medicare, Pathlight has been shown in a recent study to detect signs of recurrence an average of 13.7 months earlier than standard methods and can also show how your cancer is responding to treatment over time. [Learn more.](#)

(1. Elliott MJ, et al. Clin Cancer Res. 2025;31(8):1520–1532. doi:10.1158/1078-0432.CCR-24-3472.)



**Ask your doctor about
Early Stage Breast Cancer
Biomarker Testing**



MammaPrint® + BluePrint® biomarker testing work together to illuminate tumor biology, giving women with early-stage breast cancer and their care teams deeper insight into how their tumor behaves. These results can open the door to more personalized treatment paths. Talk to your provider today to see if these tests may be right for you.



**Sharsheret stands with Israel. We mourn
with the families and friends of those
killed, pray for those injured, and hope
for lasting peace.**



Looking for support?

Call 866.474.2774 or email info@sharsheret.org.



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