

### September 2012

HOW WE HELP

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#### **READ BEVERLY'S STORY**



Read our latest blog post, "Celebrating National Ovarian Cancer Awareness Month," by Peer Supporter Beverly Levy, who shares her experience as an ovarian cancer survivor and post your comments today!

"Cancer is huge (enormous, actually). It's an adventure I wish I never had to take, but I'm living it in real time. Slowly, slowly, reality has set in. I have a chronic illness - ovarian cancer - that began in my fallopian tubes. I'll be on and off chemo for the rest of my life. There. I said it. It's my story. I own it. Everyone has 'stuff' and this is mine."

Click here to read the complete blog post.

# **CELEBRATE SHABBAT WITH SHARSHERET**



Celebrate Shabbat with Sharsheret during National Ovarian Cancer Awareness Month in September and National Breast Cancer Awareness Month in October and raise awareness in your Jewish community! Host a Sharsheret

### FREE NATIONAL OVARIAN CANCER GENETICS WEBINAR

Join us as we partner with the Ovarian Cancer National Alliance, FORCE, and Bright Pink to present a free webinar, "Genetics and

Ovarian Cancer: What You Should Know," this afternoon at 2:00 p.m.(EDT). Whether you know your personal genetic risk, work with women at high risk of developing ovarian cancer, or just want to learn more about this topic, register now.

## JOIN TEAM SHARSHERET IN CENTRAL PARK ON 10/21!



We're teaming up with the American Cancer Society this October for the NYC Making Strides Against Breast Cancer Walk! Join Team Sharsheret at this scenic, family-friendly 5-mile walk or run on Sunday, October 21st, 8:30 a.m., in Central Park at the 69th Street and 5th Avenue entrance. Visit http://bit.ly/Ldeibj today to register and to order your Team Sharsheret dri-fit performance t-shirt. For more information, e-mail Program Manager and Campus Liaison Ellen Kleinhaus.

Special thanks to our Team Sharsheret 2012-2013 sponsors for their generous support. **Teal Shabbat<sup>sm</sup>** or **Pink Shabbat<sup>sm</sup>** to educate your community about the increased risk for hereditary cancer in Jewish families and Sharsheret's free national programs and services. These events are easy to plan and a great way to engage community members. For more information and to get started, e-mail Director of Community Engagement Rebecca Schwartz. Upcoming Sharsheret Shabbat events include Birthright NEXT/Sharsheret Pink Shabbat<sup>sm</sup> on October 26th and Moishe House Dallas/Sharsheret Pink Shabbat<sup>sm</sup> on November 2nd.

# **PIES FOR PREVENTION**



Sisters Adeena Sussman (pictured left) and Sharon Wieder launched the **Pies For Prevention Thanksgiving Bake Sale** three years ago in memory of the mother and grandmother they lost to ovarian cancer. Seven cities nationwide will join their grassroots initiative this November, raising critical ovarian cancer awareness and funds to support Sharsheret's Ovarian Cancer Program. E-mail **Rebecca Schwartz** to find out how you can host a Pies for Prevention Bake Sale in your community!

# **BAT/BAR MITZVAH CELEBRATIONS**



Many young women and men preparing for their Bat or Bar Mitzvah find it meaningful to initiate a Mitzvah project, contributing to the community and helping others as they become a young adult. Thank you to B'nai Mitzvah **Noa Pitkowsky (Bronx, NY)** and **Julia Senkfor (Greenwood Village, CO)** for including Sharsheret in their celebrations. E-mail Ellen Kleinhaus to plan your Sharsheret Mitzvah **Project.** 

## SAVE THE DATE: FINANCIAL HEALTH ROUNDTABLE DISCUSSION

Save the date for our free roundtable discussion, "**Taking Control of Your Financial Health: During and After a Health Crisis**," Wednesday, November 7th, 7:30 – 9:00 p.m. in New York City. Hear from experts in the field about insurance coverage, treatment costs, and financial planning when facing a health crisis. Click here to register. This program is made possible with a generous grant from The Jewish Women's Foundation of New York.

## NEW AND NOTEWORTHY ON WWW.SHARSHERET.ORG

Check out our new **Career Opportunities** page on www.sharsheret.org! View our latest job post for a Certified Genetic Counselor and feel free to forward the opportunity to anyone who may be interested in applying.

### SHARSHERET IN THE NEWS

Read the latest media coverage highlighting our national programs:

- Seize The Days
- Jspace
- The Jewish Week
- Tablet

#### HOW DO YOU WEAR TEAL?



Share a photo of you, your friends, and family members wearing teal for National Ovarian Cancer Awareness Month on our Facebook page. The photo with the most "likes" will be our cover photo for a week!