

January 2011

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SHARSHERET[®]
Your Jewish Community Facing Breast Cancer



Sharsheret Pink Day

**Save the Date
10th Anniversary Benefit
Sunday, May 15, 2011**

**Guest of Honor - Naomi Kanovsky
Lisa Altman Volunteer Tribute Award - Marcie Cappell
Featuring Singer and Songwriter Neshama Carlebach**

**Prophylactic Surgery Teleconference
Audio Recording Now Available**

You can now listen to an [audio recording](#) of Sharsheret's national teleconference, **Prophylactic Surgery for Breast and Ovarian Cancer: How Will it Affect Me?**, recorded on December 22, 2010. Visit Sharsheret's Blog at www.sharsheret.blogspot.com today to listen to the teleconference, share your comments, and read comments posted by other listeners. The teleconference featured acclaimed author Dina Roth Port (*Previvors: Facing the Breast Cancer Gene and Making Life Changing Decisions*), personal stories shared by Sharsheret Peer Supporters about the impact of prophylactic surgery on personal and family life, and Sharsheret's Clinical Supervisor, Shera Dubitsky, MEd, MA, who discussed the psychosocial and physical side effects of prophylactic surgery for breast and ovarian cancer. The teleconference was made possible with generous support from The Gorlin Family Foundation, Julius and Emmy Hamburger Memorial Fund, and Stephanie Sussman and Ann Nadrich Memorial Fund.

**Save The Date:
10th Anniversary Benefit**



Naomi Kanovsky



Marcie Cappell

Join us at Sharsheret's **10th Anniversary Benefit, Sunday, May 15, 2011** at the Marriott at Glenpointe in Teaneck, New Jersey, featuring renowned singer and songwriter **Neshama Carlebach**. We will recognize the valuable contributions of Guest of Honor **Naomi Kanovsky** (Englewood, NJ) and Lisa Altman Volunteer

Tribute Award recipient **Marcie Cappell** (NYC). The 10th

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Anniversary Benefit will also feature "*Sharsheret, Changing the Face of Breast Cancer*," a photo exhibit by acclaimed photographer Gail Hadani and a silent auction with valuable items including electronics, jewelry, Judaica, sports memorabilia, and gift certificates. For more information about the 10th Anniversary Benefit and sponsorship opportunities, please e-mail events@sharsheret.org.

Sponsor Team Sharsheret
Donate Now!

Sharsheret Programs In Your Community

In partnership with local organizations, Sharsheret offers breast cancer support groups and educational programs supporting women and families in your community through the Sharsheret Supports program. For more information about Sharsheret Supports in your community, e-mail Link Program Coordinator Adina Fleischmann at afleischmann@sharsheret.org.

Upcoming Sharsheret Supports programs include:

- Weekly Breast Cancer Support Group in partnership with the Sari Asher Center for Integrative Cancer Care and the Jewish Family and Children's Service of Palm Beach County in **West Palm Beach, FL**, Tuesday afternoons. For more information, e-mail Brooke Berger at bberger@jfcsonline.com.
- Monthly Breast Cancer Support Group in partnership with Temple Judea in **Coral Gables, FL**, Thursday, January 27th. For more information and to RSVP, e-mail Vicki Hamersmith at v.hamersmith@judeagables.org.
- Breast and Ovarian Cancer Support Group in partnership with the Jewish Healing Network of Chicago in **Chicago, IL**, Tuesday, February 8th. For more information, e-mail Tracey Lipsig Kite at JHNC@jcs.org.

Blog About It: Breast Cancer With A Twist

"I am living with metastatic breast cancer to the lungs, I'm experiencing side effects from treatment, but I stay active and busy. I still worry about my children and their risk of developing cancer, just like all mothers diagnosed with breast cancer. The only thing that makes me different is that I AM THEIR FATHER." [Click here](#) to read the rest of this month's featured Blog post, **Breast Cancer With a Twist**, and add your comments today. We'd love to hear from you! To submit a Blog post, e-mail Director of Community Engagement Rebecca Schwartz at rschwartz@sharsheret.org.

Calling All Athletes: Join Team Sharsheret Today!



Whether you're an athlete or aspire to become one, join Team Sharsheret as we run, bike, and swim in athletic competitions nationwide. Team Sharsheret is a charity partner in both the sold-out [NYC Half-Marathon](#) on March 20th and the [Nautica NYC Triathlon](#) on August 7th. We only have a limited number of guaranteed slots for the Triathlon so act now and e-mail athletes@sharsheret.org with your name, phone number, and a brief description of yourself and why you want to join Team Sharsheret.

Embrace: Supporting Women Living With Advanced Breast and Ovarian Cancer

Sharsheret's Embrace program offers the unique opportunity to connect with other young Jewish women living with advanced breast cancer or recurrent ovarian cancer through telephone-based support groups. For more information or to join the Embrace program, e-mail sdubitsky@sharsheret.org.

Upcoming group calls:

Thursday, January 20th

- 11:30 a.m. EST: Social Group for women living with metastatic breast cancer.
- 1:30 p.m. EST: Social Group for women living with recurrent ovarian cancer.

Wednesday, February 2nd

- 8:30 p.m. EST: **Navigating Your Relationships with Friends and Community**, presented by Sharsheret's Founder and Executive Director, Rochelle Shoretz.

Sharsheret Outreach Events

Sharsheret outreach events are wonderful opportunities for us to reach women and families in diverse communities, spread the word about our services, and raise funds to support our programs. Thank you to **Diane Schwartz (Broomall, PA)**, **Abby Wolf-Weiss (Los Angeles, CA)**, **Ruth Losinski and Congregation Torah Ohr (Boca Raton, FL)** for coordinating successful Sharsheret events in their communities this winter. For more information about hosting a Sharsheret outreach event in your community, e-mail rschwartz@sharsheret.org.



Diane Schwartz and Missy Stein.

Of Interest To Women and Families

Living Beyond Breast Cancer and Young Survival Coalition will host **The C4YW Annual Conference for Young Women Affected by Breast Cancer**, February 25 - 27, 2011 in Orlando, FL. Visit Sharsheret's exhibit booth and meet Founder and Executive Director Rochelle Shoretz. For more information and to register, visit <http://c4yw.kintera.org/faf/home/default.asp?ievent=444527>.

Sharsheret On Campus



Congratulations to all of the students, professionals, and volunteers who made Sharsheret's On Campus program a huge success this fall! In partnership with AEPi Fraternity, AEPi Sorority, Chabad on Campus International, Hillel: The Foundation For Campus Life, and other student organizations, more than 7,000 students on 80 campuses nationwide have hosted breast cancer education and awareness events including concerts, Pink Shabbatsm, basketball tournaments, clothing sales, and The maniCUREsm for Sharsheretsm.



If you have not already set a date, save **February 9th** for **Sharsheret Pink Day Worldwide!** Students in high schools, colleges, and universities will join together to raise awareness about breast cancer and Sharsheret as they eat pink, decorate in pink, raise charity for wearing pink, and change their Facebook profile pictures to pink. Visit our [Facebook](#) page for more information about Sharsheret Pink Day Worldwide and post pictures and videos of your events. To bring Sharsheret to your school and to learn more about Sharsheret Pink Day Worldwide, e-mail Program Manager and Campus Liaison Ellen Kleinhaus at

ekleinhaus@sharsheret.org.

Bat And Bar Mitzvah Program

Many young adults preparing for their Bat and Bar Mitzvahs find it fulfilling to participate in or initiate a Sharsheret Mitzvah project, contributing to the community and helping others as they become Jewish adults. Thank you to **Leah Rose Sidell (Denver, CO)** for including Sharsheret in her Bat Mitzvah celebration. For more information about including Sharsheret in your Bat or Bar Mitzvah celebration, e-mail ekleinhaus@sharsheret.org.

Sharsheret In The News

Since the organization's founding in November 2001, Sharsheret has been featured in more than 150 publications nationwide, including **USA Today** and the **Wall Street Journal**. Articles and videos about Sharsheret have recently appeared in:

- [CureToday.com \(December 12, 2010\)](#)
- [SABCS 2010 \(December 11, 2010\)](#)
- [CureToday.com \(December 11, 2010\)](#)
- [Merrick Patch \(November 13, 2010\)](#)

Sema Heller-Netivot Shalom Summer Internship

We are now accepting applications from college and graduate students for the Sema Heller-Netivot Shalom Summer Internship. Responsibilities will include research, data entry, outreach, and project coordination. Visit Sharsheret's [Blog](#) to read about past interns and their summer experiences at Sharsheret. To apply, e-mail resumes and cover letters to internship@sharsheret.org and include a schedule of availability for interviews.

Order Sharsheret Purim Cards Today!

Sharsheret Purim Cards are a wonderful way to send best wishes to loved ones in lieu of Mishloach Manot. Sharsheret Purim Cards come in packages of 12 for a contribution of \$36, with an additional charge for shipping and handling, or they may be picked up at our Teaneck office. Sharsheret Purim Cards are also available for purchase at [The Judaica House](#), 478 Cedar Lane, Teaneck, NJ. To order online, [click here](#).



Join Sharsheret's [10th Anniversary Campaign](#) and [forward](#) this e-mail to 10 friends!

Sharsheret Updates are distributed bi-monthly and archived in the Newsletters section of our website, www.sharsheret.org. To join our mailing list, [click here](#).

[Forward email](#)



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