

March 2012 HOW WE HELP GET INVOLVED DONATE

## SURVIVORSHIP PROGRAM: TAKE OUR SURVEY!



With support from the Centers for Disease Control and Prevention, Thriving Again, our new program to address the needs of young breast cancer survivors, is well under way. We recently launched a National Survivorship Survey for breast cancer survivors diagnosed at or before age 45. Take the survey today or forward it to someone you know to help shape our programming and for the chance to win an iPad. We've also hosted live roundtable discussions in New Jersey, Los Angeles, Atlanta, and Chicago as well as online discussions to get your valuable input on the most important issues young breast cancer survivors face. We will host additional online discussions in April. If you're interested in participating, or know someone who may be interested, please contact Program Coordinator Danna Averbook.



### **CELEBRATE WITH US ON MAY 6TH!**

#### **NEW RESOURCES FOR YOU**



Download our 2012 Annual Newsletter today and read about the women and families in Sharsheret's community and our new programs.



Share booklets from our new and updated Resource Series with women, families, and health care professionals in your community.

Order you free booklets today.

#### **MEET US IN VEGAS**

Meet us in Vegas as we exhibit at these national conferences:

Booth #8 at TribeFest, March 25th – 27th. Our Founder and Executive Director Rochelle Shoretz will present on the Main Stage and we'll also host a HOT





Join us at our Annual Benefit, Sunday, May 6th, 10:30 a.m. at the Teaneck Marriott at Glenpointe in Teaneck, NJ, as we honor Gail Propp, Guest of Honor, and Moe Rice, Lisa Altman Volunteer Tribute Award recipient. Benefit chairs include Dr. Tammy Bryk, Dr. Patricia D. Cayne, Thalia Federbush, Joseph Lerner, and Alissa Zagha.

Reserve your seats today! For more information and sponsorship opportunities, please contact Ellen Kleinhaus.

### **SHARE YOUR STORY**

We're updating our booklet, *Our Voices*, and would love to include your brief anecdotes, words of wisdom, and helpful quotes to provide inspiration and strength to other Jewish women living with breast cancer and ovarian cancer. Share your stories from diagnosis to post-treatment, from humorous to deeply spiritual. Your experiences will serve as a testimony and legacy to our shared strength, sense of humor, courage, and dignity as we face breast cancer and ovarian cancer as a Jewish community. Entries should be 500 words or less and may be signed or remain anonymous. (For printing purposes, entries may be edited.) To submit your entry, please click here.

### **RACE WITH US**

Whether you're an athlete or just want to race for the cause, join Team Sharsheret at one of these exciting races:

- JRunners 5K Run/Walk For A Cause April 1, 2012 (Choose Sharsheret as your charity.)
- New York City Triathlon July 8, 2012
- US Ironman Championship August 11, 2012
- ING NYC Marathon November 4, 2012

HOT HOT Pink Sharsheret Soiree by invite only. For more information about the private reception, please contact Director of Community Engagement Rebecca Schwartz.

Booth #212 at the OMG! Cancer Summit For Young Adults, March 30th – April 1st. Take our Survivorship Survey at the booth and get a free t-shirt!

### WHAT'S YOUR FAVORITE PASSOVER RECIPE?

Enter our Passover Recipe Contest today! Send us your favorite healthy Passover recipes on or before Friday, March 23rd. We'll choose the top 4 recipes and post them on our Facebook page. The recipe that has the most "likes" from our fans will be featured on The Jewish Hostess.com and the winner will also receive a gift card to Chef Central, just in time for Passover. Click here to submit your recipe.

## LOOKING FOR A SUMMER INTERNSHIP?

We're accepting resumes from college and graduate school students interested in a summer internship. The Sema Heller-Netivot Shalom Intern will contribute to Sharsheret's support and education programs.

Responsibilities will include research, data entry, outreach, and project coordination. A final report upon completion of the summer internship will be required. The Sema Heller-Netivot Shalom Intern



Good luck to our incredible Team Sharsheret athletes who will compete in the Jerusalem Half/Marathon and the New York City Half-Marathon this month. Thank you for reaching out to nearly 500 family members and friends, spreading the word about Sharsheret, and raising more than \$60,000 in support of our vital programs and services!

# COLLEGE STUDENTS PLEDGE TO HAVE "THE TALK"



With generous support from the Jewish Women's Foundation of Metropolitan Chicago, The Family of Abe and Itza Stern, and The Gorlin Family Foundation, thousands of students on Chicago campuses will participate in Sharsheret's new cancer genetics awareness and education program and pledge to "Have The Talk". This new program empowers the next generation to take control of their own health as they learn about their genetic risk for cancer, the importance of early cancer detection, and the significance of understanding their Jewish family's medical history. Log on to our new Facebook Tab to learn more about "Have The Talk" and how

will receive a stipend for the summer internship.

Resumes with cover letters should be sent via e-mail to internship@sharsheret.org and should include a schedule of availability for interviews. No phone calls please.

### **SHARSHERET IN THE NEWS**

Read the latest media coverage highlighting our national programs:

- The Jewish Standard
- Examiner.com
- New Haven Register
- JM in the AM
- The Daily Pennsylvanian
- The Jerusalem Post

### **BAT/BAR MITZVAH CELEBRATIONS**

Many young women and men preparing for their Bat or Bar Mitzvah find it meaningful to initiate a Mitzvah project, contributing to the community and helping others as they become young adults. Thank you to the following B'nai Mitzvah for including Sharsheret in their celebrations and choosing a Sharsheret Mitzvah Project:

- Darcy Adler (Tenafly, NJ)
- Laura Koszer (Fort Lee, NJ)
- Ali Reich (East Brunswick, NJ)
- Chana Rutner (West Orange, NJ)

you can take the pledge today.





Thank you to the hundreds of students on 80+ campuses who participated in Sharsheret Pink Day Worldwide on February 29th! Check out our amazing photos from this incredible day. To bring Sharsheret to your campus, please contact Ellen Kleinhaus. Follow @EllenKleinhaus on Twitter for the latest Sharsheret on Campus news!

### **Connect With Us**











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Sharsheret Updates are distributed bi-monthly and archived in the Newsletters section of our website, www.sharsheret.org.

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