# SHARSHERET<sup>®</sup> Your Jewish Community Facing Breast Cancer

November 2013

HOW WE HELP

GET INVOLVED DONATE

### **NEW RESOURCES FOR YOU**



Order the newest booklet in our Educational Resource Booklet Series, *Thriving Again For Young Jewish Breast Cancer Survivors*, today. The booklet addresses the specific concerns of young Jewish breast cancer survivors, including fertility, genetic testing, and creating a survivorship care plan. Click here to order your free copy and click here for more information about joining our survivorship program and to order your free survivorship kit.

Struggling with the financial burdens of cancer treatment? Take control with Sharsheret's new financial health and wellness program. Click here to order your free tool kit and learn how to successfully navigate the often complicated issues of health insurance, disability rights, financial planning, and estate planning. This program was made possible with support from the Jewish Women's Foundation of New York. Click here to read a blog post by Debbie Cosgrove, JWFNY Grants Chair, describing her visit to Sharsheret headquarters and the development of the tool kit.

# SHARSHERET SPEAKERS' BUREAU: BOOK NOW

Members of Sharsheret's Speakers' Bureau deliver dynamic and interactive presentations at community events and conferences nationwide. Topics include "What You Need To Know About Recent Developments in Genetics", "On The Way To Making Partner, Make Change", and "Do More with Less: Proven Strategies for Effective Collaborations".

### DOWNLOAD GENETICS TELECONFERENCE TRANSCRIPT AND AUDIO TODAY

Now available: The transcript and audio recording from our recent teleconference, Breast Cancer Survivors: What You Need To Know About Recent Developments In Genetics. This teleconference addressed recent developments in the field of genetics, strategies for communicating genetic information with

family members, and concerns about legal rights as they relate to genetic testing. Click here to read the transcript and listen to the audio recording.

#### SHARE YOUR #SHARSHERETSTORY



Our recently updated booklet. Our Voices: Inspiring Words from the Women of Sharsheret, includes stories shared by women living with all stages of breast cancer and ovarian cancer, from diagnosis to treatment to survivorship, as well as anecdotes about relationships, spirituality, and family. Whether you are a member of our Peer Support Network, a Team Sharsheret athlete, a volunteer, or supporter, we invite you to share your Sharsheret story with us on Facebook and Twitter using the hashtag **#SharsheretStory** and inspire others. Click here to order Our Voices and share this inspiring booklet

Recent events featuring Sharsheret speakers include: Temple Beth El Sisterhood Shabbat (Boca Raton, FL), JEWISHcolorado CHOICES Event (Denver, CO), and Hofstra University Stakeholder Summit On Metastatic Breast Cancer (Hempstead, NY).

Contact Director of Community Engagement Rebecca Schwartz to bring a Sharsheret speaker to your next event.

# WATCH THIS MONTH'S VIDEO

Watch this month's video, the third in our 12-part series, and hear Sharon share how connecting with Sharsheret's community helps Jewish women facing cancer find their voice and join thousands of others.



Sharon wanted to give back to Sharsheret and, together with her sister Adeena, founded the Pies For Prevention Thanksgiving Bake Sale in memory of their mother and grandmother and in support of our Ovarian Cancer Program. Thank you to our incredible 2013 volunteer bakers from 13 cities worldwide, who baked more than 1,000 pies and raised more than \$38,000. Click here to read more about this meaningful initiative.

# WE WANT YOU ON OUR TEAM!



Join Team Sharsheret at one of these exciting races and help support Jewish women and families facing breast cancer and ovarian cancer.

- Miami Marathon and Half-Marathon, Sunday, February 2, 2014
- NYC Half-Marathon, Sunday, March 16, 2014
- NYC Triathlon, Sunday, August 3, 2014

#### with your family and friends.

VISIT US AT A CONFERENCE NEAR YOU!



Sharsheret staff members and volunteers host exhibit booths at health care and Jewish conferences nationwide. Visit us at these upcoming conferences: San Antonio Breast Cancer Symposium, Booth #345, December 10 - 14, 2013 (San Antonio, TX) and Union for Reform Judaism Biennial Conference, Booth #124, December 11 - 15, 2013 (San Diego, CA).

#### JOIN OUR GIVING TUESDAY CAMPAIGN



Giving Tuesday, an annual day for giving back and sharing the ways you give, is next week - Tuesday, December 3rd! We're celebrating Giving Tuesday by sharing the ways that Sharsheret's work has impacted the Jewish and cancer communities.

Join our Giving Tuesday campaign and share how Sharsheret has made a difference in your life and what you plan to do to give back on our Facebook page or on Twitter using the hashtag **#becauseofsharsheret**. Click here to read our Giving Tuesday blog post. As a member of Team Sharsheret, you'll receive:

- Race gear
- Coaching
- Virtual training
- Personalized fundraising page

We'll help you make this the most meaningful competitive experience of a lifetime. E-mail athletes@sharsheret.org for more information and to join Team Sharsheret today!

### SHARSHERET ON CAMPUS



Thank you to the thousands of students on college campuses nationwide who raised breast cancer awareness during October, National Breast Cancer Awareness Month. Students hosted Sharsheret Pink Shabbat events, Phi Stock, pink challah baking, basketball tournaments, Ribbons On The Runway, and much more!

Save the date for Sharsheret Pink Day Worldwide -Wednesday, February 12, 2014! Click here to RSVP on our Facebook event page and invite your friends. For more information and to start planning Pink Day events at your school, contact Program Manager and Campus Liaison Ellen Kleinhaus.

# **BAT/BAR MITZVAH CELEBRATIONS**



Many young women and men preparing for their Bat or Bar Mitzvah find it meaningful to initiate a Mitzvah project, contributing to the community and helping others as they become a young adult. Click here to contact Ellen Kleinhaus and start planning your

#### HAPPY THANKSGIVING AND CHANUKAH

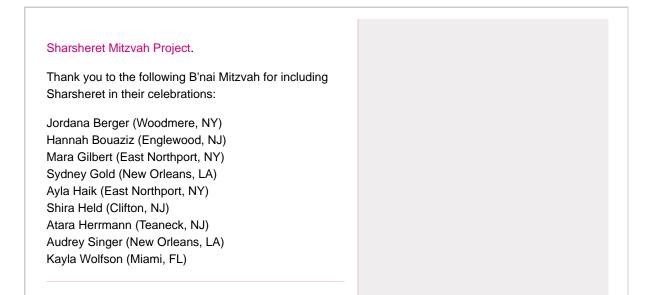


Wishing you a happy Thanksgiving and Chanukah. Click here to read a special Chanukah blog post by Clinical Supervisor Shera Dubitsky.

#### SHOP FOR SHARSHERET

# Shop at AmazonSmile and Amazon will make a donation to: Sharsheret Get started amazon smile Amazon will donate a percentage of the

price of your eligible AmazonSmile purchases to Sharsheret whenever you shop on AmazonSmile. Click here to start shopping!



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