



## EXECUTIVE DIRECTOR HONORED AS CANCER HERO



On June 10, 2014, Massachusetts General Hospital Cancer Center recognized Sharsheret's Founder and Executive Director Rochelle Shoretz among the 100 everyday heroes who lead the fight against cancer.

"Rochelle sets a remarkable example for other women facing cancer, and Sharsheret brings immeasurable comfort to thousands of cancer patients and survivors day after day with 12 national programs on which they can rely." [Read more here.](#)

## LATEST IN NUTRITION AND EXERCISE

Mark your calendar for Wednesday, September 10th, and join us for a free teleconference on the latest developments in nutrition and exercise for cancer survivors. Panel experts will discuss the importance of healthy living, meal recommendations and preparation, and fitness. There will also be an opportunity to ask your questions during the Q & A session. For more information, contact Program Coordinator [Sharon Stahl](#).

Missed our last teleconference addressing the long-term side effects of breast cancer treatment? Read the transcript and listen to an audio recording [here](#).

## WATCH THIS MONTH'S VIDEO



Watch this month's video, and meet Nikki who shares her breast cancer experience as a young mom and how Sharsheret's tailored programs helped her through her journey.

## ORDER YOUR FREE SURVIVORSHIP KIT



Are you a breast cancer survivor? Sharsheret's comprehensive survivorship program, Thriving Again®, offers a tailored survivorship care plan, choice of cookbook and fitness DVD, as well as articles and resources to address your individual concerns. Whether you were diagnosed 10 weeks ago, 10 months ago, or 10 years ago, [click here to order your free kit today.](#)

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## READY. SET. RUN A MARATHON!



Whether you are a novice or expert runner, we want you on our team this November! Make a difference by raising awareness about breast cancer and ovarian cancer in our community and join Team Sharsheret for the **TCS NYC Marathon** on Sunday, November 2, 2014. We will help you make this the most meaningful competitive experience of a lifetime. A limited number of slots remain, so get moving and email [athletes@sharsheret.org](mailto:athletes@sharsheret.org) to sign up today.

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## SHARSHERET ON CAMPUS



*Princeton University Student Leaders*

We are proud to recognize the second cohort of the Sharsheret On Campus Leadership Training program made possible with support from the **Jewish Federation of Northern New Jersey**. Sharsheret student leaders from Rowan University, Princeton University, and Rutgers University led **Have The Talk®** campaigns to educate their peers about the importance of learning their family cancer history.

Thank you to the thousands of students who participated in Sharsheret's campus programming this year. Have a great summer! Want to bring Sharsheret to your campus? Contact Sharsheret's Campus Liaison, **Ellen Kleinhaus**.

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## SHARSHERET CELEBRATES



Our 12th Anniversary Bat Mitzvah Benefit was a huge success, with 650 women and men celebrating this Sharsheret milestone together. Thank you to our honorees, Blair Muss and Batya Paul, and incredible committee members, volunteers, and friends whose dedication and support made this year's Benefit a true success. [Click here to view the complete album.](#)



We also recently celebrated the first anniversary of our Florida Regional Office. At the event, we honored our Sharsheret Community Advocates and gave thanks to the volunteers and friends who have contributed to Sharsheret's growth in South Florida. [Click here to view photos from the event.](#)

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## SHARSHERET SPEAKERS' BUREAU



Planning an event for the fall during Ovarian Cancer Awareness Month or Breast Cancer Awareness Month? Sharsheret speakers have inspired audiences across the country, addressing important topics including women's health, cancer genetics, social innovation, leadership, empowerment, and more. For more information and to book a speaker, contact Program Assistant [Kaila Stein](#).

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## MEET OUR SUMMER INTERNS



*Orly Benaderet, Sema Heller-Netivot Shalom Student Intern*

Summer's here and we are excited to introduce our 2014 summer interns: Orly Benaderet (Columbia University School of Social Work), this year's Sema Heller-Netivot Shalom Student Intern, Erica Schutzman (Brandeis University), and Eliana Pickholz (Yeshiva University's Stern College). Our summer interns contribute to Sharsheret's core programs through research projects, outreach initiatives, and event coordination.

Interested in becoming a Sharsheret intern? [Contact us](#) for more information.

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## SAVE THE DATE



Join Team Sharsheret for the ACS Making Strides Against Breast Cancer NYC Walk on October 19, 2014. Last year, more than 400 women, men, and children joined Sharsheret in Central Park for the walk and family fun activities. Don't miss out on this fun and important event.

Visit [our website](#) to register, order t-shirts, or become a Team Sharsheret sponsor.

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## VISIT US AT A CONFERENCE NEAR YOU



Visit us at these upcoming conferences:

- [Ovarian Cancer National Alliance Conference](#) (Washington, DC)
- [Women's League Convention](#) (Whippany, NJ)
- [Academy of Oncology Nurse and Patient Navigators Conference](#) (Orlando, FL)
- [International Lion of Judah Conference](#) (New York, NY)
- [AEPi National Convention](#) (Toronto, ON)
- [National Society of Genetic Counselors Conference](#) (New Orleans, LA)

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