



## WATCH OUR 12TH ANNIVERSARY VIDEO SERIES

We're kicking off our 12th anniversary year with a new video series highlighting each of our twelve national support and education programs. One video per month will be featured on our [YouTube channel](#) and [website](#). In honor of National Ovarian Cancer Awareness Month, our first video, [Living With Ovarian Cancer: Beverly's Story](#), focuses on our [program for women living with ovarian cancer](#). Help us raise ovarian cancer awareness and share the video with your family and friends. [Click here for more information about the Ovarian Cancer Program](#).



[Click here to read an exclusive blog post by Rob Katz, producer of the video series](#). Rob takes you behind the scenes and shares his experience working with the women of Sharsheret.

## FREE NATIONAL WEBINAR ON OVARIAN CANCER GENETICS

Join Sharsheret's Genetic Counselor Danielle Singer and Dr. Elizabeth Swisher, Director, Breast and Ovarian Cancer Prevention Program at the University of Washington on Monday, September 30th, 6:00 p.m. EDT, for BRCA and Ovarian Cancer: Risk, Prevention, Detection, and Treatment, a free national ovarian cancer genetics webinar presented by the Ovarian Cancer Research Fund. Ask your questions to the experts during a live question and answer session following the presentation. [Click here for more information and to register](#).

## RAISE OVARIAN CANCER AWARENESS IN YOUR COMMUNITY

## CELEBRATE WITH US

Join us at the Tribeca Rooftop in NYC on Thursday, October 24th at the Sharsheret Bat Mitzvah Gala, an evening of dinner, dancing, and celebration marking Sharsheret's 12 years of service to the Jewish and cancer communities. Sharsheret will recognize the incredible contributions of Guest of Honor Sherry Cohen who is accepting this award on behalf of her mother Beatrice Milberg and her daughter Beckie Cohen. Rabbi Haskel and Audrey Lookstein will serve as the Gala Honorary Chairs. [Click here for more information about the Gala and to reserve your seat](#).

## KNOW THE SIGNS

One in 40 Ashkenazi Jews carries a BRCA gene mutation, nearly 10 times the rate of the general population, making Jewish families significantly more susceptible to hereditary ovarian cancer and breast cancer. National Ovarian Cancer Awareness Month is the perfect time to be proactive with your health. [Click here to learn the signs and symptoms of ovarian cancer](#).

## MEET OUR PARTNERS OF EXCELLENCE



There are so many exciting ways to raise awareness about ovarian cancer and Sharsheret's free national programs in your community during National Ovarian Cancer Awareness Month!

- Coordinate a Sharsheret Teal Shabbat
- Form Team Sharsheret at a local ovarian cancer run or walk
- Host a Pies For Prevention Bake Sale
- Invite a Sharsheret speaker to your community
- Share our resources with health care professionals and women's organizations

Email Director of Community Engagement [Rebecca Schwartz](#) for more information about these initiatives and to get started.

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## NEW RESOURCES FOR YOU



Financial Tool Kit: Struggling with the financial burdens of cancer treatment? Take back control with Sharsheret's new financial health and wellness program. [Click here to order your free tool kit](#) and learn how to successfully navigate the often complicated issues of health insurance, disability rights, financial planning, and estate planning. This program was made possible with support from the [Jewish Women's Foundation of New York](#).

Our Voices Booklet: We recently updated our booklet, *Our Voices: Inspiring Words from the Women of Sharsheret*, to include even more stories from women living with all stages of ovarian cancer and breast cancer, from diagnosis to treatment to genetics, as well as anecdotes about relationships, spirituality, and family. [Click here to order Our Voices](#) and share this inspiring booklet with your family and friends during National Ovarian Cancer Awareness Month.

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## SPOTLIGHT ON TEAM SHARSHERET ATHLETES

Congratulations to the following Sharsheret Supports groups who have been selected to join our Partners of Excellence program in recognition of the successful ovarian cancer and breast cancer support and education programs they coordinate with the guidance of Sharsheret's staff. Partners of Excellence receive financial support and national recognition of their culturally-relevant community-based support and education programs.

- San Diego, CA – [Jewish Family Service of San Diego](#)
- Coral Gables, FL – [Temple Beth Am](#)
- Orlando, FL – [Jewish Family Services of Greater Orlando](#)
- West Bloomfield, MI – [Jewish Family Service of Metropolitan Detroit](#)
- St. Louis, MO – [Nishmah](#)
- Brooklyn, NY – [Bikur Cholim of Boro Park](#)
- Milwaukee, WI – [Harry & Rose Samson Family Jewish Community Center and Jewish Family Services](#)

Email Link Program Coordinator [Adina Fleischmann](#) to find out how your organization can become a Partner of Excellence.

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## YOUNG PROFESSIONALS CIRCLE EVENT IN NYC

We recently launched the Young Professionals Circle, a coalition of energetic young professionals dedicated to supporting Sharsheret's mission. Save the date for our upcoming YPC Trivia Night, Tuesday, October 8th, in NYC. Email Director of Community Engagement [Rebecca Schwartz](#) for more information and to get involved.

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## SHARSHERET IN THE NEWS

Read the latest media coverage highlighting our national programs:



Sister-in-laws and Team Sharsheret athletes Eve Schwitzer Merrill (pictured left with her mom) and Beri Kaplan Schwitzer (pictured right with her mother-in-law and daughters) will run the ING NYC Marathon on November 3rd in memory of Eve's mom/Beri's mother-in-law, Marsha, who died of ovarian cancer. [Click here to read Eve's story](#) and [click here to read Beri's story](#). E-mail [athletes@sharsheret.org](mailto:athletes@sharsheret.org) to find out how you can join Team Sharsheret.

### HOW DO YOU WEAR TEAL?



Share a photo of you, your friends, and family members wearing teal for National Ovarian Cancer Awareness Month on our [Facebook](#) page and tag [sharsheret1](#) on Instagram!

- [St. Louis Jewish Light](#)
- [Sun Sentinel](#)
- [Jewish Standard](#)
- [Hillel News and Views](#)

### WISHING YOU A HAPPY NEW YEAR



Wishing you a sweet New Year filled with joy, peace, and good health.

[Click here to read a special Rosh Hashanah blog post by Sharsheret Peer Supporter Judy.](#)

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Sharsheret Updates are distributed bi-monthly and archived in the Newsletters section of our website, [www.sharsheret.org](http://www.sharsheret.org).

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