



June 2012

HOW WE HELP

GET INVOLVED

DONATE

FREE NATIONAL GYNECOLOGICAL HEALTH TELECONFERENCE AND WEBINAR

Join us for a free teleconference and webinar, "**New Advances in Gynecological Health Before and After Cancer,**" Wednesday, July 11, 8:00 p.m. (EDT). Learn about emerging research and what you need to know about gynecological health before and after breast cancer or ovarian cancer. Panelists include Dr. Tessa Cigler, Dr. Elizabeth Poynor, Clinical Supervisor Shera Dubitsky, and a Sharsheret Peer Supporter. [Register here.](#)

TELL US HOW YOU'RE THRIVING!



More than 1,500 breast cancer survivors have taken the National Survivorship Survey, providing valuable feedback that will help shape our new survivorship program, Thriving Again. If you haven't taken the survey and would like to share your experience, [you can take the survey today](#) and pass the link along to any breast cancer survivors you know who were diagnosed at or before the age of 45. You can also share your experience at our upcoming online focus group from anywhere in the U.S. If you are interested in participating, or know someone who may be, contact Program Coordinator [Danna Averbook.](#)

NEW FINANCIAL HEALTH PROGRAM

We are excited to announce the development of a new program to address financial wellness during a health crisis. We want to learn more about your questions about insurance coverage, treatment costs, and financial and

RACE GEAR NOW AVAILABLE



You asked for it, we ordered it! Race, train, or exercise in style with Team Sharsheret custom gear. [Order your Team Sharsheret jerseys, shorts, hats, and headbands today.](#)

SHARSHERET ON CAMPUS

Are you a college student in Chicago? Join Sharsheret's Chicago Leadership On Campus Training Program this Fall and become a health care advocate on campus. To participate in our training programs at Northwestern University, University of Chicago, and University of Illinois, Chicago, contact Campus Liaison [Ellen Kleinhaus.](#) This program is made possible with a generous grant from [The Jewish Women's Foundation of Metropolitan Chicago.](#)



Thank you to the thousands of students who participated in

estate planning after a diagnosis. Save the date for our Financial Health Roundtable Discussion, Wednesday, November 7, 2012. For more information, contact Link Program Coordinator [Adina Fleischmann](#). This program is made possible with a generous grant from [The Jewish Women's Foundation of New York](#).

TEAM SHARSHERET IN ACTION!



Congratulations to Team Sharsheret athletes Daniel Gofman, Shmuli Gordon, Abe Raichman, Lee Schwartz, Shmuel Somer, Moshe Weiser, and Ben Younger who recently competed in the Germantown, TN Half-Marathon and Team Sharsheret athlete Rebecca Braverman who competed in the Cox Providence, RI Half-Marathon in support of Sharsheret.

Join dozens of Sharsheret athletes and bring Team Sharsheret to races in your community. Whether you're an elite athlete or an enthusiastic beginner, we'll dress you in official Team Sharsheret gear, provide you with a personalized training plan, and motivate you across the finish line at a race in your area. E-mail athletes@sharsheret.org to learn more about joining our Team.

OUTREACH EVENTS IN YOUR COMMUNITY



Hosting a Sharsheret outreach event is a great way to raise breast cancer and ovarian cancer awareness and educate your community about our free programs and services for Jewish women and families. Thanks to Lisa Gutkin (Denville, NJ), Lisa Perlman (NYC), and Michele Weiss

Sharsheret's campus programming this year. Enjoy the summer and we look forward to partnering with you in the Fall! [Check out our campus photos!](#)

Follow [@EllenKleinhaus](#) on Twitter for the latest Sharsheret on Campus news and to bring Sharsheret to your campus!

NEWLY DIAGNOSED? WE CAN HELP



A diagnosis of breast cancer can be overwhelming and the pathology report often includes language that is difficult to understand. If you or someone you know has been newly diagnosed with breast cancer, [order our updated Breast Cancer Navigation Flowchart](#) to use as a springboard for questions to ask your doctor and to better understand your pathology report.

SHARSHERET IN THE NEWS

Read the latest media coverage highlighting our national programs:

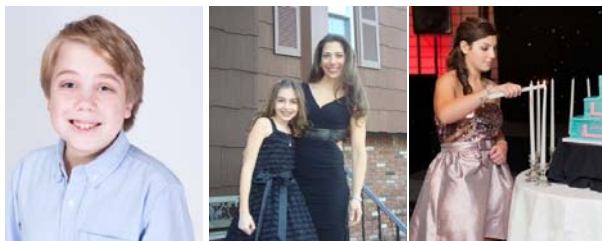
- [Tablet Magazine](#)
- [The Jewish Week](#)
- [Bergen.com](#)
- [Nachumsegal.com](#)
- [Minnesota Daily](#)
- [Examiner](#)
- [Jewish Journal](#)
- [USA Today](#)

OF INTEREST TO YOUNG WOMEN

The 2012 SAMFund Grants cycle, awarding financial assistance to young adult survivors struggling to get back on their feet after cancer

(Cleveland, OH) for hosting recent events in their communities. Our next outreach event will be held this Monday, June 18, in Springfield, NJ. [View the event invitation](#). Interested in hosting an outreach event in your community? Contact Director of Community Engagement [Rebecca Schwartz](#) for more information.

BAT/BAR MITZVAH CELEBRATIONS



Many young women and men preparing for their Bat or Bar Mitzvah find it meaningful to initiate a Mitzvah project, contributing to the community and helping others as they become a young adult. Thank you to the following B'nai Mitzvah for including Sharsheret in their celebrations and choosing a [Sharsheret Bat or Bar Mitzvah Project](#):

- Yair Atlas (Great Neck, NY)
- Meira Chasman (Englewood, NJ)
- Juliette Frank (Wyckoff, NJ)
- Sara Winter (Bronx, NY)

treatment, is now open. For more information, please visit <http://thesamfund.org/pages/grants.html>.

SHARE YOUR STORY

We're updating our booklet, *Our Voices*, and would love to include your brief anecdotes, words of wisdom, and helpful quotes to provide inspiration and strength to other women living with breast cancer and ovarian cancer. Share your experiences from diagnosis to post-treatment, from humorous to deeply spiritual. Your experiences will serve as a testimony and legacy to our shared strength, sense of humor, courage, and dignity as we face breast cancer and ovarian cancer as a Jewish community. Entries may be signed or remain anonymous. Entries may be edited. To submit your entry, [click here](#).

Connect With Us



DONATE

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Sharsheret Updates are distributed bi-monthly and archived in the Newsletters section of our website, www.sharsheret.org.

Follow us on [Twitter](#) and like us on [Facebook](#) for the latest Sharsheret news!