



# SHARSHERET

Your Jewish Community Facing Breast Cancer

HOW WE HELP

GET INVOLVED

DONATE NOW

October 2015

## National Breast Cancer Awareness Month

### Learn the Signs and Symptoms

One in forty Ashkenazi Jews carries a BRCA (breast cancer) gene mutation, nearly ten times the rate of the general population, making Jewish families significantly more susceptible to hereditary breast and ovarian cancer. Learn the **signs and symptoms** for breast cancer and discuss any personal questions you may have with your health care provider.



### Survivor Spotlight



"Would a cancer diagnosis on my favorite holiday ruin the celebration forever?" **Read more** about how two-time cancer survivor and Sharsheret Director of National Outreach, Melissa K. Rosen, incorporated her cancer experiences and made Sukkot into an even more meaningful holiday.

### Free National Webinar



Are you a breast cancer or ovarian cancer survivor? BRCA+? High risk?

### Breast Cancer Survivorship Kit

Sharsheret is proud to offer a tailored kit for breast cancer survivors. This critical resource features a survivorship care plan, free cookbook, exercise resources, and information to address your individual concerns. **Order your free breast cancer survivorship kit.**



## Host a Sharsheret Pink Shabbat®

There's still time to join communities across the country hosting Sharsheret Pink Shabbat® programs. These education and awareness programs are held in local synagogues, on college campuses, in Jewish centers, and in private homes. We're excited to report that we already have more than 100 Sharsheret Pink Shabbat programs scheduled nationally this October! Check out our [calendar of events](#) and find one near you. Don't see an event in your area? [Start planning one today!](#)



On Tuesday, November 17th at 8:00 pm EST, meet Sharsheret's new Genetics Program Coordinator, Sheila Solomon, MS, LGC, as she shares the latest critical information you need to know about panel testing, population-wide screening, and the newest research in hereditary breast and ovarian cancer genetics. [Click here](#) to register. For more information, please contact Support Program Assistant, [Shira Kravitz](#).

## Shop For Sharsheret



Support our [sponsors](#) this month!

- [Amazon Smile](#)
- [Bernie Mev](#)
- [Couture for a Cause](#)
- [Kitchn Synch](#)
- [Mobstub.com](#)
- [MooGoo Skincare](#)
- [Shema-OR](#)
- [The Gary Rosenthal Collection](#)
- [Vintage Cosmetics - Pretty U. Make-Up Membership](#)

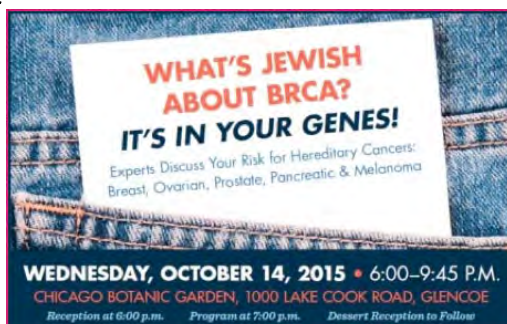
## Walk with Team Sharsheret at the ACS Making Strides Walk



Join Team Sharsheret at the American Cancer Society's Making Strides Against Breast Cancer NYC Walk on Sunday, October 18th. Meet us in Central Park at 69th Street and 5th Avenue at 8:00 am. [Register for the walk today](#) and [purchase](#) our new 2015 Team Sharsheret Performance T-Shirt. Thank you to our [corporate sponsors](#). We can't wait to see you there!

## What's Jewish about BRCA? Find out with Sharsheret in Chicago!

On Wednesday, October 14th, Sharsheret Supports Partner of Excellence, the Center for Jewish Genetics in Chicago, will host an important panel discussion about genetics and cancer risk within the Jewish community. Dr. Susan Domcheck, Executive Director of the [Basser Center for BRCA](#),



You're invited to Shopping Works Wonders, a shopping benefit at Bloomingdale's The Shops at Riverside, that offers you the latest fashions as well as an opportunity to support Sharsheret. It's a fashion-packed event for a wonderful cause. Shop in support of Sharsheret on Wednesday, October 21st, from 10 am - 6 pm. [Click here](#) for more details.

will give the keynote address. The panel experts include local health care professionals and Sharsheret's Director of National Outreach, Melissa K. Rosen. For more information, [click here](#).

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## Help Spread Awareness this Breast Cancer Awareness Month

Stay informed and help spread the word this October about breast cancer in the Jewish community and about Sharsheret. Join the conversation.



Like us on [Facebook](#) and follow us on [Twitter](#) and [Instagram](#)!

Post about your Sharsheret events this month using [#Sharsheret](#) [#BCAM](#).



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