



SHARSHERET

Your Jewish Community Facing Breast Cancer

HOW WE HELP

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February 2016

Message From Our Immediate Past President

As I transition into the role of Immediate Past President, I am grateful for having been entrusted with the opportunity to guide Sharsheret's growth. It is gratifying to reflect on how the organization has developed since I joined the Board in 2008, and particularly during the last 3 years as President. With our latest 5-year Strategic Plan in place, we are taking the first steps in launching a regional office in Los Angeles, educating thousands in the broader Jewish community about the increased risk for hereditary cancer, and continuing our partnership with the Centers for Disease Control and Prevention.



The dedication and commitment to the women and families of Sharsheret is what sets this organization apart from all others. I look forward to continuing to work with Sharsheret's staff, Board and esteemed Board President, Dalia Shoretz Nagel, as we advance Sharsheret and the legacy of our dear founder and friend, Rochelle Shoretz a"h. Doing so is the greatest honor and gift we can give to Rochie and her family.

We want to thank our outgoing Board member, Linda Gerstel, and welcome our new President, Dalia Shoretz Nagel, members, Stacey Smolin Schwartz, Alissa Zagha, and Esther Zeidman, and Founding Board member, Lauryn Weiser.

Survivor Spotlight



"The whole time we talked, a small voice in the back of my head said over and over, 'She's still here. Ten years and she is still here.' So there I was, less alone and with something new lurking. Something that felt like hope." [Read Joanna's inspiring story on our blog.](#)

We're Hiring!



Looking for a meaningful career opportunity? Sharsheret seeks a full-time Marketing and Communications Associate in our Teaneck, NJ office. Looking for a summer internship? We have three openings in New Jersey and Florida! Check out the [complete job descriptions](#) and apply today!

Take Control: Navigating the Emotional Roller Coaster of Cancer



Dr. Karen Hurley, PhD
Licensed Clinical Psychologist
Hereditary Cancer Risk



Shera Dubitsky, MEd, MA
Director of Navigation and
Support Services
Sharsheret

Are you a breast cancer or ovarian cancer survivor? Recently diagnosed? **Join us TOMORROW NIGHT** for our national webinar, "Take Control: Navigating the Emotional Roller Coaster of Cancer," as our presenters, Karen E. Hurley, PhD, licensed clinical psychologist, hereditary cancer risk, and Shera Dubitsky, MEd, MA, Director of Navigation and Support Services, help you navigate the emotional roller coaster of cancer treatment and survivorship. This webinar is made possible with generous support from the Julius and Emmy Hamburger Memorial Fund. For more information, please contact Support Program Assistant [Shira Kravitz](#). [Register now](#).

Pink Day is Coming!

Lead or join a Sharsheret Pink Day initiative at your school and on social media with hundreds of students nationwide on **February 10th!** Don't miss out on our new for 2016 snapchat geofilter design project, video contest, and downloadable Facebook and Instagram selfie posters. [Click here](#) for more information, and to register your school today.



Sharsheret's Young Professionals Circle

Are you a young professional living in New York or Boston? Join us in **NYC** on March 12th at 9:00 PM for a casino night, or in **Boston** on March 19th at 8:30 PM for a mixology evening. Registration is open! [Click here](#) for more information and to register, and send the link to a friend!



Sharsheret on the Road



Sharsheret staff is traveling the country this winter and would love to connect with you! Look for Sharsheret booths at:

- **Limmud Conference** in Stamford, February 12th -15th
- **National Ovarian Cancer Coalition Conference** in Baltimore, February 26th - 28th
- **American Psychosocial Oncology Society Conference** in San Diego, March 3rd - 8th
- **Young Survival Coalition Conference** in Atlanta, March 11th - 13th

We will also host outreach events in Los Angeles, Chicago, Philadelphia, and Washington, DC during the next few months. To bring Sharsheret to your community, contact Director of National Outreach [Melissa K. Rosen](#).

Training for Sharsheret Support Partners



In coordination with the Centers for Disease Control and Prevention, Sharsheret will present a comprehensive, half-day in-service training for our Sharsheret Support partners. These trainings will focus on increasing support for young breast cancer survivors and their caregivers in local communities.

Race With Us!

Apply for a slot and join Team Sharsheret in the NYC Triathlon on July 24th and the TCS NYC Marathon on November 6th! For more information, contact Director of Campus and Community Engagement [Ellen Kleinhaus](#).



- Tuesday, May 17th, 7:30 am PDT at the National AJFCA conference in San Diego, CA
- Thursday, May 26th, 1:00 pm EDT at Sharsheret's office in Teaneck, NJ and by national webinar

For more information, contact Director of National Outreach [Melissa K. Rosen](#).

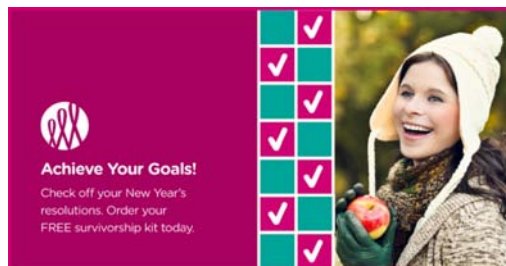
Save the Date



On Sunday, May 15th, Sharsheret will host our Annual Benefit at the Marriot at Glenpointe in Teaneck, NJ. We are pleased to announce that this year, our Guest of Honor is Dana Post Adler (left), Deborah Leipzig (middle) will be our Lisa Altman Volunteer Tribute Award recipient, and Elana Rosman (right) will receive Young Leadership Recognition. This year's benefit will also commemorate the first *yahrtzeit* of our dear founder, Rochelle Shoretz a"h. For more information, contact Director of Campus and Community Engagement [Ellen Kleinhaus](#).

Free Survivorship Kits

New year, new healthy habits, new goals, new YOU. Our kits for young, Jewish breast and ovarian cancer survivors contain nutrition and exercise



resources to help you stick with your 2016 resolutions! [Click here](#) to order yours.

Ask The Expert

Your genetics questions have been answered! Sharsheret's Genetics Program Coordinator, Sheila Solomon, MS, LGC, has responded to your questions during our Ask The Expert session. The questions focus on hereditary cancer risk and family history. To read the questions and our expert's answers, [click here](#).



Thank You



Thank you to everyone who sponsored, coordinated, and attended Sunday's most successful Mah Jongg event in Boca Raton. [Check out pictures](#) from the event!