

#### **SHARSHERET UPDATE: FEBRUARY 18, 2005**

## SHARSHERET TO PRESENT NATIONAL SYMPOSIUM ON SURVIVORSHIP

Sharsheret will present the Symposium "Surviving Young: Life After Breast Cancer" at Weill Medical College of Cornell University in New York City on April 12, 2005. The Symposium will also be accessible via webcast nationwide. The event will attract breast cancer patients, their families, and health care professionals to address the concerns young women face after treatment.

Topics will include staying current on emerging cancer research, follow-up care after surgery and treatment, the impact of breast cancer on Jewish ritual and spirituality, fertility, coping with fears of recurrence, body image and intimacy, and nutrition and exercise post-treatment. Symposium panelists will include Dr. Ruth Oratz, an oncologist at Rocky Mountain Cancer Centers, Dr. Thomas Kolb, a radiologist in private practice, Dr. Kutluk Oktay, a specialist in reproductive endocrinology and infertility at The Center for Reproductive Medicine and Infertility, and Linda Roberts, LSW, who works with patients at Memorial Sloan-Kettering Cancer Center's Post-Treatment Resource Center.

"Surviving Young: Life After Breast Cancer" is sponsored by a generous grant from **UJA-Federation of New York.** For more information about the Symposium and sponsorship opportunities, please e-mail <a href="mailto:symposium@sharsheret.org">symposium@sharsheret.org</a> or call toll-free (866) 474-2774.

#### SAVE THE DATE – SHARSHERET'S ANNUAL BENEFIT LUNCHEON

Join us on **Sunday, May 15, 2005** as we "Honor the Women Who Have Touched Our Lives" at Sharsheret's **Annual Benefit Luncheon** (Sheraton Meadowlands – East Rutherford, New Jersey). Share this special day with friends and loved ones as we recognize the meaningful contributions of Founding Board Member **Dr. Karin Katz** and **Mrs. Dena Feigenbaum**, inaugural recipient of the Lisa Altman Volunteer Tribute Award. To learn more about the event and sponsorship opportunities, please call Sharsheret toll-free (866) 474-2774.

## SHARSHERET DEVELOPS FAMILY FOCUS PROGRAM

Sharsheret has begun to develop **Family Focus**, a program that will address the needs of spouses, partners, parents, and other family members in an effort to enhance support for young women facing breast cancer. In 2005, Sharsheret will develop materials and programs in response to guided group discussions with affected family members which highlighted core concerns and necessary resources.

#### OF INTEREST TO YOUNG WOMEN

Young Survival Coalition and Living Beyond Breast Cancer will host the **5**<sup>th</sup> **Annual Conference for Young Women Affected By Breast Cancer** on February 19-20, 2005 at the Pennsylvania Convention Center in Philadelphia, Pennsylvania. For more information, please visit <a href="https://www.youngsurvivorsconference.org">www.youngsurvivorsconference.org</a>.

# SHARSHERET IN THE JEWISH COMMUNITY

Executive Director Rochelle Shoretz will be a guest speaker on Wednesday, April 13, 2005 at the **Week of Healthy Living** program hosted by the Jewish Family Service of Tidewater in **Virginia Beach, Virginia**. For more information, please call Sharsheret toll-free at (866) 474-2774 or e-mail info@sharsheret.org.

Executive Director Rochelle Shoretz introduced Sharsheret in **Sharon and Newton, Massachusetts**, February 13-14, 2005. Topics included the issues faced by young Jewish women fighting breast cancer, and the implications of breast cancer genetics research on Jews of Ashkenazi descent.

With support from **The Greater New York City Affiliate of the Susan G. Komen Breast Cancer Foundation,** Sharsheret has presented culturally-sensitive outreach events targeting Hasidic and Orthodox Jewish women facing breast cancer in the New York area. Sharsheret representatives discussed the effects of breast cancer in the Jewish community with a women's group in Washington Heights in December 2004 and at a women's health awareness workshop held in Crown Heights in February 2005.

Sharsheret materials were recently distributed at the Jewish Federation of Rockland County's **Breast Cancer Awareness Seminar**, February 2, 2005 in Nanuet, New York and the **Jewish Orthodox Feminist Alliance Regional Conference**, December 19, 2004 in Pikesville, Maryland.

#### SHARSHERET IN THE HEALTH CARE COMMUNITY

Executive Director Rochelle Shoretz presented, "A Young Woman's Guide Through Breast Cancer," at the Y-ME National Breast Cancer Organization ShareRing Network Teleconference Series, February 16, 2005. For a transcript of the teleconference, please visit <a href="https://www.y-me.org">www.y-me.org</a>.

# **OUTREACH EVENTS**

Parlor meetings are wonderful opportunities for Sharsheret to reach women in diverse communities and to raise funds to support our outreach efforts. Our next events will be held in private homes in **Queens**, **New York** (March 8, 2005) and **Westchester**, **New York** (April 5, 2005). If you are interested in attending or hosting a meeting, please call Sharsheret toll-free (866) 474-2774 or e-mail info@sharsheret.org.